

# THE REDEEMER SPIRIT

JUNE 2010

The Episcopal Church of the Redeemer ▪ 6201 Dunrobbin Drive ▪ Bethesda, Maryland 20816

## NOTES FROM THE ASSISTANT TO THE RECTOR

During our annual retreat in May, diocesan clergy gathered together in order to build community, hear from the Bishop, and engage with presenters around the issues of disaster planning for parishes, support for military chaplains, and church growth. I want to share here some of what we heard regarding church growth.

The Rev. Bill Tully from St. Bartholomew's Church in New York City was the featured speaker and led us through two presentations on his work and ministry with St Bart's over the last fifteen years. During that time he has learned some things about church growth and was willing to share his experiences with all of us. He said that much of his thinking regarding church growth has evolved over time. What worked at one point does not necessarily still remain relevant.

One of the first things he shared with St. Bart's congregation when he arrived was: "*We will grow and you won't like it.*" To me this statement seems unnecessarily adversarial at first, but it turned out to be true. Though the church needed to grow in numbers in order to survive, many people didn't like the new way of doing things.

As the rector, Tully promoted the question: "*Will it make us grow?*" as the primary question/criterion for every decision concerning the church. Even as I sit here typing this article out, I can think of many other questions I might pose as the most important: Does an action allow members of our congregation to grow in their faith and their understanding of their baptismal identity? Will this action provide opportunities to strengthen mission to the poor and outcast? Will this decision help us deepen the way we worship and glorify God?

But, as Tully said, not to grow is to die and St Bart's was on track to die soon. It may not sound "pastoral" but the question regarding growth was essential. Obviously, Redeemer is in a very different position today than St Bart's was 15 years ago (and we are also a very different church located in a very different setting). We are a vibrant congregation. We are growing. Yet, in my time here I have never heard from anyone that his or her primary criterion for decision-making is: "*Will it make us grow?*"

I am excited about where Redeemer is in the life of the parish and congregation; I do not offer Tully's remarks as Gospel truth. Rather, I think he has some interesting things

to say to our situation as we continue to live into - in a proactive and intentional way - the growth we are experiencing as a congregation.

One of the first things Tully helped the congregation do was develop their identity (and a way to communicate that identity to those outside the parish). Two things that they said of their parish that resonated with me are: (1) *you can belong before you believe*, and (2) *we are loose around the edges and solid at the core*. I like both of these identity markers. I feel they express (1) invitation and (2) that to which the leaders of the church are inviting people. For them the "core" is the altar and the sacrament of the Holy Eucharist. They take their worship seriously. I have always believed that you can't practice good hospitality if you don't know your way around your own home. As you and I seek to welcome newcomers, are we able to speak to them about our home and what we have to offer?

Another aspect of their work was to "*confess, teach and practice a bias toward the next person through the door.*" What would that mean for us here at Redeemer? What feelings does that stir up for us? Where do our biases currently lie? How do we balance caring for all people and helping all grow in relationship with God through Jesus Christ—old timers and newcomers alike?

There are times when my focus is on folks who have been coming to this church longer than I have been alive. Other times I focus on those who were born only a decade ago (or less). Sunday mornings, however, I do practice a bias toward "the next person through the door." I walk around coffee hour searching for those I haven't met and for those I might be able to welcome. I invite you to actively seek these people out as well and to find out from them the ways that Redeemer might serve as their parish home.

We are a growing parish. Growth is necessary because not to grow is to die. However, growth is certainly anxiety producing. It raises important questions about how we care for one another and spend our time and resources. Redeemer will continue to grow. We have many gifts to offer our hungry, hungry world. Remember that the mission we have is not our mission; it is God's. Our hope is that we can recognize and call on the abundant grace in our midst to strengthen us to welcome new people, seek to know them, find ways to serve them and inspire them to serve others ...all while growing in relationship with God! It is a tall order, but we will with God's help.

The Rev. Robin Gulick



Friday June 11:  
Strawberry picking, hulling and set-up

Saturday, June 12:  
The 37th Annual Strawberry Festival &  
Silent Auction, 11:00 a.m.—3:00 p.m.

## JUNE EVENTS

### Friday, June 11-Saturday, June 12

- Strawberry Festival & Silent Auction, p. 3

### Saturday, June 19

- *Women Empowering Women* Dinner, 7:00 p.m., p. 7

### Monday, June 21

- A Service of Healing & Holy Eucharist, 7:30 p.m.

### Wednesday, June 23

- Vestry Meeting, 6:30 p.m.

## JULY UPCOMING

### Saturday, July 10

- 20s/30s Picnic, 12:00 p.m.

### Sunday, July 11

- Redeemer Book Group, 3:00 p.m., p. 5

### Monday, July 19—Friday, July 23

- Summer Music Camp, p. 5

### Monday, July 19

- A Service of Healing & Holy Eucharist, 7:30 p.m.

### Wednesday, July 21

- Vestry Meeting, 6:30 p.m.

## CLERGY & STAFF SCHEDULES

The Rev. Susan Burns will be on vacation June 10-25 and July 24-August 8

The Rev. Robin Gulick will be in Tanzania (with James Livingston) June 25-July 6. Robin will be on vacation July 18-24.

Tom Smith, Director of Music, will be at the American Guild of Organists Convention July 5-10 and on vacation July 11-17

Alice Despard will be on vacation June 6-11

## PERSONAL NOTES

We mourn the death of Margaret McIntyre, long-time Redeemer parishioner. May her soul, and the souls of all the departed, through the mercy of God rest in peace.

We congratulate those who have graduated: from graduate school—Katherine Stann; from college—Lowry Adams, Phil Burns, Anastasia Vvedenskaya; from high school—Tomi Beightol, Emma Rackstraw, Caroline Sherrard.

We give thanks for the births of Maya Elizabeth, granddaughter of Allen & Susan Burns, and Jeremy Christopher Gallagher, great-grandson of Peter & Mary Helen Carlson; and the marriage of Pat Petrash & Dennis Johnson, married at Redeemer on Friday, May 28.



## STRAWBERRY FESTIVAL & SILENT AUCTION

Just two weeks to go before the Festival!

### Strawberry Festival & Silent Auction—Help Needed!

#### Friday, June 11th

8:00 – 11:00 a.m. Strawberry picking at Butler's Orchard

11:00 – 3:00 p.m. Hulling at Clara Barton Center

3:00 – 6:00 p.m. Set up at Redeemer

#### Saturday, June 12th

9:00 – 11:00 a.m. Set up at Redeemer

11:00 – 3:00 p.m. **The Strawberry Festival**

3:00 – 5:00 p.m. Clean up

**Opportunities to be of assistance:** Sign-up sheets are set out in the Parish Hall. We especially need volunteers for the afternoon and evening hours the week of the festival to help with the Boutique, Books and Silent Auction. Please contact Jefferson Arrington: [jefferson7019@aol.com](mailto:jefferson7019@aol.com) or 240-417-9990. Thank you!

**Please note:** There is no white elephant sale this year. We do invite you to contribute Books, DVDs and Clothing. These can be delivered starting on Monday, June 7. If you have any questions, please contact the Parish Office.

#### Silent Auction

Thank you to all those who have already donated items to this year's Silent Auction! Donation forms are available in the Parish Hall or you can email information to the Parish Office: [office.redeemer@verizon.net](mailto:office.redeemer@verizon.net). If you would like a receipt for your donation for tax purposes, these are available in the Parish Office. If you are unable to donate an item, but would like to support the auction, you can do so by making a cash donation. Please make checks payable to The Church of the Redeemer with "Silent Auction" on the memo line. All sponsors will be listed in the catalog. Actual items/displays may be delivered to the church beginning Monday, June 7.



## “WE WELCOME YOU INTO THE HOUSEHOLD OF GOD ...”

Over the next several weeks, we will bring four new Christians into the Church by baptism with water and the Spirit. This note is to help you become a little more familiar with their families so you will know whom you are welcoming into God’s household.

On Sunday, May 30, we will baptize Lillian Franzee Lester-McMinn and William Erasmus Stuart. Lillian is the daughter of Don McMinn and Harold (Harv) Lester, and granddaughter of Tami McMinn. Tami is a regular at the 8 o’clock service and co-chair of the Altar Guild. William’s parents are James and Jennifer Stuart who, with big brother Duncan and big sister Winifred, have attended Redeemer for about three years.

Gabriela Jade Noya will be baptized on Sunday, June 6. She is the newest addition to the family of Abbie Meador and Tony Noya, which includes Gabriela’s big brother and sister, Anthony and Celia.

And last, but not least, on Sunday, June 27, we will baptize Marleigh Anne Burns, daughter of Chris and Annie Burns, granddaughter of Cindy Winder and Allen and Susan Burns.

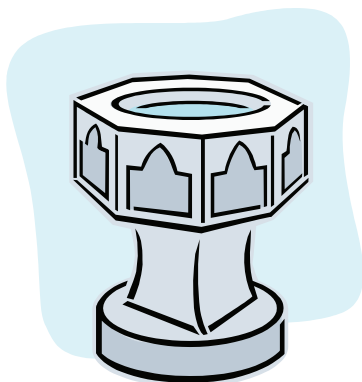
We look forward to these joyous occasions for these families and for the whole parish community.

The Rev. Susan Burns  
*Rector*

## NEW MEMBERS

We welcome as newly registered baptized members of Redeemer:

David and Lois Brown



## MAY VESTRY REPORT

In accordance with the Vestry’s decision and interest in pursuing themes and goals first discussed at the February Planning Day, the first half of alternate Vestry meetings (starting with the March meeting) is dedicated to thematic topics and Vestry goals for 2010. With the Redeemer calendar in hand, the Vestry discussed how our activities and efforts, to which we dedicate our time, support the Church’s mission. Many of our efforts center on worship, study and formation, service, outreach, oversight, buildings and grounds, music, and fellowship. Can we intentionally do less and maintain our balance and our values? Are we doing our best to shape upcoming events, especially Homecoming Sunday, in a way that reflects our values and mission? The discussion will continue during the July Vestry meeting.

### Treasurer’s Report

Gary Hacker reported that as of May 16, 49% of the total amount pledged for 2010 has been received. He stated that rental income is coming in a little short. The Balkan dancers have resumed renting space. Parties interested in space rental at Redeemer should be directed to Parish Office for details.

### Silent Auction

Tom McNaugher, Senior Warden, reminded the Vestry that donors who contributed last year to the Silent Auction and who had been contacted by Vestry members needed, in some cases, to write up descriptions of their contributions. Alternatively, the Vestry person could write the description. All descriptions need to be provided to the Parish Office by Thursday, May 27, to be included in the catalog.

### Newcomers’ Reception

Ben Ivins was thanked for the Newcomers’ Reception that he hosted the previous Sunday, May 16, at his home. Many newcomers attended and quite a few Vestry members were there. An infant and a toddler were in the midst, some children, and adults of all ages.

Cynthia Winder  
Recording Secretary

## ADULT EDUCATION FORUM

We extend our thanks to all those (parishioners and outside speakers) who have enabled the challenging and extensive series of Adult Forums that we have enjoyed on Sunday mornings from last September through May, among them: Lois Burleigh, The Rev. Susan Burns, Alice Despard, Susan Grigsby, The Rev. David Gortner, The Rev. Robin Gulick, Clarice Leslie, Paul Martin, Ray McGovern, Tom McNaugher, the Pastoral Care Committee, The Rev. Dr. David Schlafer, Jeff Stann, Susan Walker, Amy Yount and, if I have overlooked anyone, my thanks to them and my apologies.

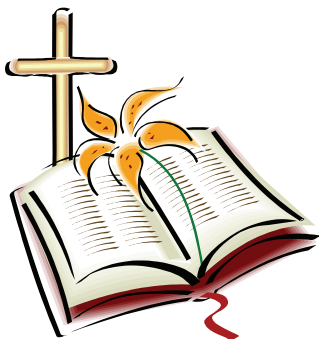
No Adult Forums are scheduled for June through August, although there may be one or two ad hoc events that will be publicized in This Week at Redeemer, Announcements and in *The Redeemer Spirit*.

We have received suggestions (thank you to all who submitted ideas) for future Forum topics, among them:

- Interfaith issues—a 2-3 part series looking into the Episcopal Church's interaction with other faith traditions.
- The meaning and traditions of the season of Advent
- Asking for help—so many find it hard to do. Learning to keep a balance between giving and receiving.
- The Environment—climate change, reducing our carbon footprint, use of resources, etc.
- A discussion of the Sacraments
- Einstein on the Universe
- “Awe”—a 3-part series on God's hand in the universe
- The meaning of stewardship in relation to our natural resources, education, the economy and health care.
- Redeemer's Outreach programs
- Faith in South America
- Pressing political and faith issues.

The Adult Education Committee meets on Sunday, June 6, 12:30 p.m. to begin discussing and planning the fall/winter schedule. All parishioners who wish to attend are welcome.

Graeme Browning



## SUMMER MUSIC CAMP 2010

Now is the time to register for The Church of the Redeemer's fifth annual Summer Music Camp, Monday, July 19–Friday July 23, 10:00 a.m. – 2:30 p.m. Designed for children and youth ages 7-15 (*campers must have completed first grade*), the camp will be staffed by three professional music educators from the region. Tuition for the week is \$325. This includes a non-refundable fee of \$100 due at registration. Camp includes:

- Utilization of portions of the Orff and Dalcroze methodologies
- Introduction to reading musical notation
- Study of rhythm through motion
- Study of basic vocal production and solfege
- Choral singing
- Arts and Crafts
- Organized outdoor recreation time on the church grounds
- Visit to the historic carousel at Glen Echo Park
- Nature Walk
- Lunch and a snack provided daily
- Teacher/student ratio approximately 1 to 6
- Scholarships available for those who cannot afford tuition

We hope that your child(ren) will join us for a week of musical learning and fun! For more information, including registration materials, please visit the music page of the parish website: [www.redeemberbethesda.org](http://www.redeemberbethesda.org). Deadline for registration is **June 15, 2010**.

Tom Smith  
*Director of Music*

## REDEEMER BOOK GROUP

Our next book is *Things Fall Apart* by Chinua Achebe, a noted Nigerian writer, which we will discuss at our meeting on Sunday, July 11, at 3:00 p.m. (location TBA).

Members are urged to bring book recommendations so that the group can select the next few books to read. All are welcome! For more information, contact Ellen Shillinglaw: [ellen.shillinglaw@gmail.com](mailto:ellen.shillinglaw@gmail.com).

## OUTREACH

### Featured Outreach project for June:

#### Street Church in Franklin Square Park

Street Church is a ministry of the Church of the Epiphany, an Episcopal Church in downtown Washington. By offering opportunities for worship and a substantial lunch, volunteers fulfill the Street Church mission to provide for the spiritual and physical needs of the homeless and poor in the D.C. metropolitan area. Street Church happens every Tuesday at Franklin Square Park a few blocks north of Epiphany. The site was chosen because it was near the Franklin Shelter (now closed). It was important for the planners of this ministry to go where the people were, rather than make the people come to where the church was. Redeemer has been involved in the project for four years.

A typical Street Church experience lasts for 2-3 hours. Volunteers meet at the Church of the Epiphany on Tuesday mornings to prepare food and drink for our friends who congregate in the Park at 1:00 p.m. Service items and the food are transported to the Park in grocery carts. The "go team" spreads out to deliver information about the upcoming service and to visit with people. The service, which includes communion and healing prayers, lasts 20-30 minutes.

Lunches are distributed after the service. Most people eat in the park but bags are available for those who wish to take their lunch with them. Lunch includes sandwiches, fruit, beverages, crackers and cheese. In winter there is soup and hot chocolate. Volunteers are from various Episcopal churches, as well as those concerned about the plight of the poor and homeless. One regular volunteer is a medical doctor who talks to anyone in need, counsels them and follows up with any needed support services. The "street people" keep track of each other and inform volunteers if there is someone in need.

This is a very special ministry. Among those from Redeemer who volunteer are: Frank Anderson, Chrissy de Fontenay, Lou & Kiki Garo, Gabrielle Herderschee-Hunter and Huda Kraske. (See testimonials below.) For more information contact: Frank Anderson: fsculpt@aol.com or 301-229-5688, or Chrissy de Fontenay: 301-229-6835 or ccfontenay@yahoo.com.

*From Francis Grant-Suttie ...*

Street Church is the Real Deal. God resides there, and the people who bring the food, make the food, serve the food, and, most importantly, the 'street' people who receive the food and the accompanying blessings are truly the children of God. To be there is to be in the presence of God ...So for me still seeking and learning how even to catch a glimpse of this majesty at work is very special. In walking to the park and talking to folks, inviting them to the table is

where that edge between the reality of being and the spirit sometimes manifests itself. I walk back into the circle filled with the spirit and can barely function I am so overwhelmed.

*From Gabrielle Herderschee-Hunter ...*

Our goofy golden doodle Jasper and I thoroughly enjoyed being a part of Street Church shortly after it first started (and hope to return when Florence is older). The homeless men seemed to feel the unconditional enthusiastic love of Jasper and showered him in belly rubs, pats and compliments. One October, on the Feast Day of St. Francis of Assisi, The Rev. Randolph led a beautiful service in honor of animals in God's kingdom and Jasper leaned in for recognition at just the right moment. A flock of wild birds then gave an extraordinary flight show over Franklin Park for several minutes just after we sang "*We shall Overcome*," while we held hands as we always do at the services. I often felt very peaceful at Street Church.

*From Huda Kraske ...*

I went with Kiki Garo to Street Church because I wanted to see what Kiki, Frank, Chrissy and others did. I was not disappointed. They worked with other volunteers to prepare the sandwiches, took them up the road, and carried on Mass in the middle of the park, aided by an ordained priest. I will never forget Chrissy's voice on that day singing Amazing Grace and everybody joining in, in spite of the bitter cold and wind. What a great effort to bring nourishment to body and soul, and it seems to work since the beneficiaries come back again and again. Bravo.

*From Lou & Kiki Garo*

Street Church "friends" make us realize how very small our own problems are compared to those who live on the street and how full of courage, faith and gratitude for Christian kindnesses our "friends" truly are.

*From Chrissy de Fontenay ...*

I came to Street Church because I felt that the worst thing about being a "street" person was the loss of one's identity and I could not think what to do about that. It is easier to provide goods than it is a family, friends and a place where you are known. So I came that once and then kept coming back and became a Street Church "parishioner," because God has made us a parish family in a Church that has a very meaningful service with inspiring, communion, prayers, joyful singing, friendship, and healing. The Park pigeons remind us of the Holy Spirit and the sirens are our organ. Everyone helps who can. We know and care about and pray for each other and God is there with us. A core group of people comes each week even in miserable weather.; missing members are found and cared for. There are occasional visiting Church groups, usually teenagers, who join in wonderfully. Another of the particular satisfactions for me is that in this Church I get to sing at the top of my lungs. Halleluiah!!

### Women Empowering Women: A Dinner Invitation

**What:** Spend a summer evening enjoying great food and conversation in a gracious setting with women of like interests. Don't bring a thing—just your mind and heart.

**Why:** The *Hope for Burundi*\* team is at a critical juncture in its planning of three entrepreneurial pilot projects for women in rural Burundi. You can bring valuable insights and know-how. Come and participate in a creative exchange of knowledge, experience, wisdom, inspiration, and “go-to connections” suggestions. Experience the pure joy of empowering yourself to empower sisters far away in positive, life-changing ways.

**When:** Saturday, June 19, 2010 at 7 o'clock in the evening

**Where:** The home of Sally and Ron Pugsley, 8108 Hamilton Spring Road, Bethesda, MD 20817

**RSVP:** We do need to know how many dinner guests to plan for, so please register your acceptance as soon as possible with Joelle Morris: robotsofsaturn@yahoo.com or 301-986-5716 or Clarice Leslie: cyleslie@verizon.net or 301-229-2609.



\**Hope for Burundi* is a Millennium Development Goal (MDG) project of the Episcopal Church of the Redeemer, which focuses on Goal 1: End extreme poverty and hunger; Goal 2 Gender equality; and Goal 7: Environmental sustainability.

### Bethesda Cares Thank you!

Many thanks to all who made possible the dinner for the homeless as part of the Bethesda Cares Dinner Program on Sunday, May 23: Jo Barclay-Beard, Marilyn Bersoff, Kiki Garo, Francis & Carolyn Grant-Suttie, Jack Hutchings, Ben Ivins, Michele Kitchen, Pearl Malstrom, Julia and Trisha Rogers, Denny Shaw, David Strother, Ann Taylor, and Mary K Young. The next date for Redeemer to provide dinner as part of this program is Sunday, July 25. For more information, please contact Julia Rogers: jrogers7648@verizon.net or 301-320-4195.

## PASTORAL CARE

### Report on Falls Prevention Seminar

*“We’d rather prevent falls in the first place than help you regain your abilities after you’ve fallen.”*

*“The good news is that although there are many risk factors associated with falls, many can be identified and improved, if not eliminated”.*

*“Medicare insurance will help cover fees to build your strength and balance that help prevent you from falling”*

These sentences were among the helpful messages presented at the Falls Prevention Seminar co-sponsored by the Pastoral Care Committee and Redeemer’s senior group. Bannockburn neighbors were invited and constituted almost half of the 24 attendees. Dr. Rich Dixon, physical therapist and owner of Home Therapy Services, provided statistics on falls, listed those at risk of falling, and provided some simple tips on how to prevent falls.

Why do falls matter?

- Death from falls increased 55% from 1993-2003
- When females over 65 fracture a hip, 40% die within 3 years.
- One third of all persons over age 60 fall each year, usually at home. The consequences are the most frequent cause of illness and death in that age group. Many people have fractures as a consequence of the fall that may fail to heal. Complications during hospitalization can include infection with antibiotic-resistant bacteria that can lead to lethal outcomes.

Who is at risk?

- The strongest predictor of a future fall is a previous fall.
- People with numbness on the soles of their feet (loss of protective sensation) are 15 times more likely to fall. This loss of sensation is common with diabetics.
- Older persons are less able to maintain their balance

How can falls be prevented?

- Correct environmental factors such as scatter rugs, poor lighting, inadequate use of assistive devices, excessive clutter, lack of bars for assistance in the bathroom, and poor furniture placement.
- Correct the components of balance that are at deficit
- Improve visual cues to avoid hazards
- Learn how to sit, stand, walk, go up or down steps properly. E.g. We tend to take shorter steps as we grow older; longer steps provide more stability.
- When climbing up stairs it is sounder to step with the better leg first; the reverse is true going down. As a memory aide: Up, Good; Down, Bad.

Jack Hutchings  
Pastoral Care

## BUILDINGS & GROUNDS

**Redeemer Labyrinth:** Design and construction of the labyrinth in the forefront of the Columbarium was the highlight of the May Buildings & Grounds Committee meeting. David Strother has kindly offered to chair an ad hoc sub-committee that will research and plan this important addition to Redeemer's grounds. After considering several examples of labyrinth construction, it was generally agreed that a solid surface was more suitable rather than grass or loose crushed stone. Steps will be taken to secure proper drainage under the site that may increase the cost but needs to be done. Redeemer has received \$15,000 towards the cost of the labyrinth from two anonymous donors—thank you!

**Columbarium Planting:** Planting will begin shortly at the ends of the fence (that we hope will further discourage skateboarders). Ellen Shillinglaw has proposed a plan with plant and shrub choices that will be reviewed by knowledgeable members of the B&G Committee. The landscaping of the Columbarium will continue as funds are available.

**Columbarium Memorial Wall:** This wall will complete the Columbarium façade in the area to the right of the steps. We are grateful for the generous gift of \$2,100 for the construction of the Memorial Wall. It will be in the same black granite as the niche faceplates. Installation by Architarium (who installed the Columbarium) will be completed, we hope, by mid-summer, under John Nickum's excellent supervision. The Memorial Wall will be available for memorial name inscriptions and the committal of cremated remains in bio-degradable containers at its base. The Wall can also be inscribed with the names of Redeemer parishioners who are buried elsewhere. Details on cost will be available shortly in the Parish Office.

**Memorial Plaque Mounting Plan:** For a number of years several bronze and marble memorial plaques have not been displayed. Thanks to the efforts of Susan Grigsby and the inspiration of The Rev. Susan Burns, they will soon be returned to a place of honor. The plaques will be mounted on the exterior wall of the porch next to the main entrance to the Parish Hall. Susan Grigsby's design has been approved and we hope to mount the plaques soon.

**HVAC/Humidification:** Members of the B&G Committee, Sexton Alice Despard and Director of Music Tom Smith and Bramman Avery met with an independent mechanical engineer who will assess our requirements for the renovation of the HVAC system and humidification of the sanctuary to protect the organ and wood fixtures.

**Gardening:** Did you know that one of the best forms of moderate exercise is gardening? And who offers the biggest opportunity around to garden? Answer: Redeemer. (It

really was not a trick question!) Under the able direction of Susan Fitzgerald and Frank Anderson, the "Monday Night Garden Parties" run for an hour (6:00-7:00 p.m.). They will continue through the spring and summer. Help is much needed. No special skills required. All are welcome. The expansion of Lily's Garden (on the corner of Benalder and Dunrobbin) is complete and new plantings have been added with more to come. This garden will serve as a source for altar flowers.

Buildings & Grounds Committee

## COLUMBARIUM

*"For all the saints who from their labors rest....Alleluia, alleluia."*

And so we sang before Clergy and Cross led us out of the Sanctuary brimming over with mourners, to commit the ashes of our beloved Moses Benjamin Middleton to rest in a niche within the warm curve of Church of the Redeemer's new Columbarium. Only two weeks later, "*Lift high the cross, the love of Christ proclaim!*"<sup>2</sup> was our song as we followed the Cross once more to lay our beloved Margaret Louise McIntyre in her resting place in the Columbarium.

No one witnessing these important rites of grace and peace could help but be deeply moved. Over the brief months since the Columbarium was dedicated, we have buried five of our own saints there. We are grateful that at last we have this beautiful place to hold the ashes of our dear ones forever, and we rejoice that their lives and memories will remain close to the community they loved.

Some, aware of the interments, have wondered if all the Columbarium niches have been sold. Indeed not. The Columbarium has 96 niches, 76 of which are still available. Information on the purchase of niches is available in the Parish Office and brochures are available in Parish Hall and Narthex. Any of our clergy are happy to talk to you about funeral and burial arrangements, to give you a pamphlet on cremation, and to answer any questions you may have.

If you would like to leave memorial flowers at the Columbarium, there are vases available for temporary use in the Parish Kitchen (in the lower cupboard next to the refrigerator).

Linda Lear

<sup>1</sup>Hymn #505; words by William Walsham How.

<sup>2</sup>Hymn 473; words by George William Kitchin

## COUNTING THE OFFERING

Each Sunday, the offering is recorded by two counters—parishioners who have volunteered for this ministry. After the 10:30 service, the two counters count the offering from both services in the Parish Office. The task requires attention to detail but is really quite simple. Instructions are provided. Cash and checks are counted and recorded on an Offering Counter Sheet and the bank deposit slip completed. Both counters check each count and sign the counter sheet. It usually takes about half an hour. We would like to recruit more people to this ministry. If you would be interested, please contact Mary K Young: [young@consultzg.com](mailto:young@consultzg.com) or 301-320-5696.

## EDUCATION FOR MINISTRY

Are you interested in exploring your faith, deepening your understanding of our Episcopal traditions, and growing in fellowship with other Christians? Then consider joining the Education for Ministry (EfM) group at Redeemer.

EfM meets one evening a week September through May. Classes are based on a curriculum developed by The University of the South's Episcopal Seminary. Members register for one year at a time. If they choose to complete the entire curriculum, they will participate for four years, with each year covering a different subject: Hebrew Scriptures (Old Testament), Christian Scriptures (New Testament), Church History, and 20<sup>th</sup> Century Philosophers and Theologians. The course provides an extraordinarily rich opportunity for learning and fellowship.

EfM is for lay people. It is not about becoming a priest, but about becoming a far more able member of the Priesthood of All Believers—which we are all called to. This is a deeply enriching learning experience and we are fortunate to be able to offer this course at Redeemer. For more information, please contact Jo Barclay-Beard: 301-593-5993 or [jobbeard@yahoo.com](mailto:jobbeard@yahoo.com)



## DIOCESAN ACTIVITIES

*This is the first of several articles being produced by the Diocese to help familiarize people with the workings of the Diocese and how they might serve and become involved.*

### The Diocese of Washington is looking for a few good people...*Diocesan Civics 101*

Each January, the Diocese gathers in a Convention at the Cathedral for its Annual Convention. One of the most important activities at that Diocesan Convention is the election of people for various positions for upcoming terms, which usually last several years. You almost need a class in civics to understand these elections!

The Diocese has 6 Regions, each made up of just over a dozen parishes.

**Parishes:** Each parish has clergy and lay delegates to the diocesan convention and their regional assembly. The lay delegates are elected by the parish as a whole at its annual meeting.

**Regional assemblies (meet in October):** Each assembly elects one person to one Diocesan position and sends a slate of candidates to the Diocesan convention that is coming up next January. Since various positions are for different time periods, the slate each year is different. Who votes? Clergy, lay delegates, and wardens.

**Diocesan Convention (meeting in January):** The six slates are presented to the Diocesan Convention for election by the clergy and lay delegates as noted above.

**Problem:** The people and parishes of the Diocese often are unaware of this process, and of the positions that will be elected, so the slates of candidates are woefully thin at times. This series of articles intends to let our people be aware of this process and of these positions, so that the Diocesan elections will have more diverse and robust competition.

More specific information is coming in several future articles, but please feel free to ask John Miers, Member of the Diocesan Council, and one of St. James' lay delegates, for more information: [johngmiers@comcast.net](mailto:johngmiers@comcast.net).

## CONTEMPLATIVE CHRISTIAN GROUP

The Christian Contemplative Group meets in The Church of the Redeemer sanctuary on the second and fourth Monday of each month, September through May from 7:30 to 9:00 p.m. You are welcome to join or drop in at any time.

The group meets to share contemplative practices and to focus on the body of teachings known as “the wisdom tradition”. The aim of group study and practice is to strengthen the bridge between principles of wisdom and one’s own experience, reflecting on the questions that arise from daily life. Through reflection upon experience combined with contemplative practices, such as centering prayer, chant, and lectio divina, we learn to act in new ways, changing old patterns that no longer serve us, developing more satisfying relationships with ourselves, others and God, and aligning ourselves with our inner compass, or true essence. For more information, contact Alice Despard: 301-263-9644 or [alicedespard@gmail.com](mailto:alicedespard@gmail.com), or Clarice Leslie: 301-229-2609 or [cyleslie@verizon.net](mailto:cyleslie@verizon.net).

## SUMMER YOGA

Beginner’s Mind Yoga classes, taught by parishioner Alice Despard, are held on Saturday mornings, 9:30-11:00 a.m. After Memorial Day, classes will be held on a drop-in basis all summer until Labor Day. Beginners are always welcome.

Lessons will focus on the fundamentals of yoga practice, introducing and refining the most basic postures, with an emphasis on developing a simple home practice. Instructor Alice Despard has been a practitioner of yoga for over a decade, primarily in the B.K.S. Iyengar tradition. She began teaching hatha yoga three years ago and believes that “beginner’s mind” is a quality to be cultivated always in one’s yoga practice. For more information, visit the Beginner’s Mind Yoga website: <http://www.alicedespard.blogspot.com/> or you may contact Alice at 301-263-9644 or [alicedespard@gmail.com](mailto:alicedespard@gmail.com).



## JUNE BIRTHDAYS & ANNIVERSARIES

### HAPPY BIRTHDAY to ...

Janice Huey	Linda Manning
Kukula Glastris	Matthew Arrington
Emily Downer	Jack Hutchings
Toby Kinnahan	Odette Heller-Dashner
Charlotte Bowman	Tim Kitchen
Susan Ingraham	Marisa Guzman
Veronica Sherrard	Dean Cinkala
Olivier Jeanne	Howard Wolf-Rodda
Luke Rychlik	Chris Burns
Jacqueline Hull	Zac Nachbar-Seckel
Jack Rabner	Dee Beilstein
Patsy Stann	Cindy Winder

### HAPPY ANNIVERSARY to ...

Len & Eileen Mitchard  
 David Schlafer & Peggy Tucker  
 Howard & Julie Wolf-Rodda  
 Joanne & Bill Bowman



## ALTAR FLOWERS

If you would like to donate altar flowers on a particular Sunday in 2010, please sign up on the calendar, at least a week in advance. For the wording of your gift in the announcements, please email or call Angela in the Parish Office. The donation cost is \$55. More than one individual or family may give the flowers on any given Sunday. Arrangements are yours to take home, or if you would like to have them given to a parishioner who is homebound or in the hospital, please speak with The Rev. Susan Burns or The Rev. Robin Gulick.

## WEEKLY AT REDEEMER

### Sunday

- The Holy Eucharist, 8:00 a.m.
- Adult Education Forum, 9:15 a.m.
- Adult Choir Warm-Up, 9:15 a.m.
- Youth Choir Warm-Up, 9:45 a.m.
- Nursery Care, 10:15 a.m.
- Choral Eucharist, 10:30 a.m.
- Church School, 10:30 a.m.
- Coffee Hour

### Monday

- AA Meeting, 12 noon
- Taizé Ensemble, 6:45 p.m. (*first Monday*)
- Taizé Service, 7:30 p.m. (*first Monday*)
- Christian Contemplative Group, 7:30 p.m.  
(*second & fourth Mondays*)
- Service of Healing & Holy Eucharist, 7:30 p.m.  
(*third Monday*)

### Tuesday

- Parish Staff Meeting, 2:00 p.m.
- Education for Ministry (EfM), 6:30 p.m.
- AA Meeting, 7:30 p.m.

### Wednesday

- Morning Prayer & Breakfast, 8:30 a.m.
- AA Meeting, 12 noon
- The Holy Eucharist, 12 noon
- Youth Choir Rehearsal, 4:15 p.m.
- Vestry Meeting, 6:30 p.m. (*third Wednesday*)

### Thursday

- Adult Choir Rehearsal, 7:30 p.m.

### Friday (*Parish Office Closed*)

- AA Meditation Group, 12 noon
- AA Meeting, 8:30 p.m.

## COFFEE HOUR VOLUNTEERS

Your help is needed with coffee hour on Sunday mornings. Volunteers bring cookies, cheese and crackers or other simple refreshments and plug in the coffee prior to the service, and are responsible for cleaning up afterwards. A sign-up sheet and guidelines are on the Sign Up board in the Parish Hall. Questions: please contact Cathy Ayers: cathy253@gmail.com or 301-219-1207.

## PARISH CONTACT INFORMATION

phone: 301-229-3770 • fax: 301-320-8037

website: www.redeemberbethesda.org

*The Church Office is open Monday through Thursday,  
8:00 a.m.—3:30 p.m.*

### CLERGY & STAFF

**The Rev. Susan Burns**, *Rector*

email: revsusanburns@verizon.net

**The Rev. Robin Gulick**, *Assistant to the Rector*

email: revrobingulick@verizon.net

**The Rev. Dr. David Schlafer**, *Priest Associate*

email: dschlafer@juno.com

**Thomas Smith**, *Director of Music*

email: music.redeemer@verizon.net

**Angela Beckman**, *Administrative Assistant*

email: office.redeemer@verizon.net

**Alice Despard**, *Sexton*

email: alicedespard@gmail.com

**James Livingston**, *Seminarian Intern*

### THE VESTRY

**Cathy Ayers**, *Parish Life* (2011)

cell: 301-219-1207 • email: cathy253@gmail.com

**Graeme Browning**, *Adult Education* (2013)

cell: 301-775-2335 • email: graeme.browning@verizon.net

**Gary Hacker**, *Communications / Treasurer* (2012)

home: 202-265-6467 • email: gary.hacker@verizon.net

**Jack Hutchings**, *Pastoral Care* (2012)

home: 301-986-4606 • email: drjhh@rcn.com

**Ben Ivins**, *Membership / Newcomers* (2012)

home: 301-263-0608 • email: bivins@nab.org

**Peter Kendall**, *Junior Warden / Buildings & Grounds* (2013)

home: 202-362-3044 • email: pandbkendall@verizon.net

**Clarice Leslie**, *Outreach* (2011)

home: 301-229-2609 • email: cyleslie@verizon.net

**Tom McNaugher**, *Senior Warden* (2011)

home: 703-533-365 • email: tomm@rand.org

**Frances Sharon**, *Spiritual Life* (2013)

home: 202-364-4937 • email: fwadsworth@verizon.net

**Mary K Young**, *Assistant Treasurer / Finance Chair*

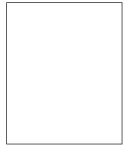
home: 301-320-5696 • cell: 301-346-9878

email: young@zeuhausergroup.com

**Cynthia Winder**, *Recording Secretary*

home: 301-229-9093 • email: cwwinder@yahoo.com

**THE EPISCOPAL CHURCH OF THE REDEEMER**  
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## THE REDEEMER SPIRIT

A monthly publication of  
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### MISSION STATEMENT

We are called as a loving community of faith to proclaim the good news of Jesus Christ in word and action, and to welcome all people who seek a deeper knowledge of God. We will achieve our mission by striving to create a vibrant, focused and growing Church that embodies Christian values and beliefs; implementing programs and services that are meaningful in our daily lives (faith in action); building a safe environment that encourages us to reach out to our community, to people of other faiths and beliefs, and to people who differ from us in important ways.

*The Holy Eucharist is celebrated each Sunday at 8:00 & 10:30 a.m.  
Please visit our website to learn more about us.*