



THE EPISCOPAL  
**CHURCH OF THE REDEEMER**  
BETHESDA, MARYLAND

*O worship the LORD in the beauty of holiness; let the whole earth stand in awe of him.*

## This Week at Redeemer

### Happy Pi Day!

**Are you enjoying "Dusty Crossings"?** If you know someone who might also enjoy it, forward them on, refer them to our Facebook page, or they can sign up by informing the office. ([office@redeemberbethesda.org](mailto:office@redeemberbethesda.org))



**Newcomer Lunch is Saturday.** If so, please mark your calendar and attend an informal lunch with the rector on March 18 at Noon. Please contact Amma Cricket so she will know how many to plan for and be aware of any dietary restrictions. Ongoing members are very welcome. Let's get to know each other!

*\*\*The rector is on vacation from March 21 through March 28. Rev. David Schlafer is on call for pastoral emergencies.\*\**

### Sunday's Readings

Exodus 17:1-7

Psalms 95

Romans 5:1-11

John 4:5-42



### The Collect

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## Serving: March 19, 2017

### Sunday, March 19, Third Sunday in Lent Healing Sunday

Ushers: Jefferson Arrington, Kukula Glastris, Ben Ivins

Crucifer: Sam Nickerson

Acolyte: Thad Arrington

Lectors: Susan Grigsby (8:00), Marcia Sartwell,  
Patricia Snowden (10:30)

Intercessor: Jo Barclay-Beard

Chalice: Tami McMinn (8:00); Nathan Price, Helen  
Zitomer, Patricia Snowden, Steve France (10:30)

Greeters: Peter Carlson, Mary Helen Carlson



Counters: Brooke Anthony, Cathy Arrington

Altar Guild:

Diana Dial, Helen Zitomer, Ann Taylor

Coffee Hour Team: Jane Dealy, Karen Stewart, Mary Nelson, Patricia Snowden, Bert Spencer, Chrissy deFontenay

Healing Team (4) Michael Hart, Jane Winer, Linda Lear, Justin Hess

Sign-up sheets for Coffee Hour and Altar Flowers are on the bulletin board in the Parish Hall. Please volunteer for these ministries of hospitality. Thank you! If you cannot serve, or if you will sub for a TBD above, please notify Bob Yates ([bob@bobyates.net](mailto:bob@bobyates.net)).



### ■ Prayer Requests

#### For those in need of healing:

Ralph & Barbara Alterowitz, Bill Barclay, Scott Barnette, Jeff Bergner, Vicky & Claudia Bocock, Betty Jo Boyer, Allison Chow, Joan Eisenstodt, Richard Fuisz, Kiki Garo, Lucien Garo, Jr., Jeff Griffen, Jack Hutchings, Susan Ingraham, Olivier Jeanne, Kurt Kemper, Peter & Beate

Kendall, Rosalie Kerr, Susan Moore, Hal Palmer, Mary Potter, Jack Rabner, Charlotte Ripa, Tom Rogers, Mike Rychlik, Bill Ryon, Phillip Sarsany, Claudia Serrin, Lynda Shepard, Anne Southard, Karen Stewart, Patricia Snowden, Ann Taylor, Bernie Spokes, Edward, Jerry, Jim, Katherine, Mollie, Quinn, Logan, Hyla, Jay, Nico, and Evan.

**In thanksgiving for those celebrating birthdays:** Sophia D'Ambrosio, John Vorhes, Justin Cinkala, Sally Pugsley, David Winer, Toyin Rose, Bob Yates

**For the deceased:** Bill Cooper, Patricia Trilling

### Parish Calendar

#### Wednesday, March 15

- Morning Prayer, 9:00 a.m.
- Education for Ministry, 9:30 p.m.
- AA Meeting, Noon
- Holy Eucharist, Noon
- Youth Choir Rehearsal, 4:30 p.m.
- Vestry, 6:30 p.m.
- Dying on Your Own Terms, 7:30 p.m.
- FOMAR Rehearsal, 7:00 p.m.

#### Thursday, March 16

- Memorial Service for Patricia Shilling
- Balkan Dancers, 7:30 p.m.
- Adult Choir Rehearsal, 7:30 p.m.

#### Friday, March 17

- Music Together, 9:30 a.m.
- AA Meditation Meeting, 12:00 p.m.
- AA Meeting, 8:30 p.m.

#### Saturday, March 18

- Yoga, 9:30 a.m.
- Girl Scouts, 4:00 p.m.

#### Sunday, March 19

- Holy Eucharist, 8:00 a.m.
- Adult Forum and Childcare, 9:15 a.m.
- Holy Eucharist and Sunday School, 10:30 a.m.
- P.R.A.Y. Event, 2 p.m. (at St. Dunstan's)
- District Eight Concert, 5 p.m. (reception following)

#### Monday, March 20 - Office closed

- AA Meeting, 12:00 p.m.
- Taize, 7:30 p.m.

#### Tuesday, March 21

- Education for Ministry, 6:30 p.m.
- AA Meeting, 7:30 p.m.

#### Wednesday, March 22

- Morning Prayer, 9:00 a.m.
- AA Meeting, Noon
- Holy Eucharist, Noon
- Youth Choir Rehearsal, 4:30 p.m.
- Dying on Your Own Terms, 7:30 p.m.

#### **Looking ahead:**

- Dying on our Own Terms/Wednesdays in Lent, 7:30 p.m.
- Taize/Mondays in Lent, 7:30 p.m.
- Vestry, March 15, 6:30 p.m.
- Next Step Breakfast, Samaritan Ministry, March 16, 7:30 a.m.
- Memorial Service & Reception for Patricia Trilling, March 16, 11:00 a.m.
- Newcomer Lunch, March 18, Noon
- The District Eight in Concert, March 19, 5:00 p.m.
- Bethesda Cares dinner, March 26

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**More News from  
Redeemer**

#### **Come to the next P.R.A.Y. (Potomac River Anglican Youth) Event Food - Fun & Sundaes**

March 19 - 2:00 p.m. to 5:00 p.m.

Meet at **St. Dunstan's** (change of venue)

Your entry pass to an afternoon of Wild and Wacky Games is one non-perishable food item.

To make it challenging you must bring an item that can be used as an appetizer or snack, a

main course entree, or a dessert. Come dressed to play games both inside and outside - and be prepared for fun. We'll end the day by making Sunday Sundaes!!! (Next month's activity will be on April 23rd.)

### **Samaritan Ministry**

Join us at Samaritan Ministry Next Step Breakfast. March 16, 7:30am - 9:00am. National Press Club. No charge; just come and explore ways to commit your time, talent and treasure to the work to help end poverty. Call John Smallwood at 301-633-8261 to register TODAY.

**Bethesda Cares Dinner - Sunday, March 26** Help the Redeemer team prepare for this month's meal. See the sign-up sheet in the parish hall. Thank you for caring for our neighbors who are in need.

### **Lenten Adult Forum**

Sundays in Lent, Redeemer presents forums on Spiritual Disciplines. Lent is a wonderful time to experiment with different spiritual practices - try them on for size! When Lent is over, you can begin Eastertide with new ways to experience and live into God's presence and desire for you. On the 26<sup>th</sup>, John Smallwood talks about Tai Chi as a spiritual discipline. Amma Cricket will use *Spiritual Disciplines Handbook: Practices That Transform Us* by Adele Ahlberg Calhoun to help participants discern the practices that are matches for you. You are welcome to purchase the book, but it is not necessary.

### **Music at Redeemer: The District Eight in Concert**

**Sunday, March 19, 5:00 p.m.**

Acclaimed by The Washington Post for its "*fine singers who blend and balance*" and its "*consistently beautiful performances*", the District Eight presents a program exploring the rich repertoire of works for Lent and Holy Week, expanding its numbers to include Alessandro Scarlatti's exquisite *Stabat Mater*. Free-will offering. Reception to follow.

**Sunday, April 2, 5:00 p.m.**

### **Inscape Chamber Orchestra in Concert**

In its second concert of the season, Inscape performs a program of reflection and tenebrosity featuring the haunting sounds of George Crumb's *11 Echoes of Autumn*. Steven Stucky's *Partita-Pastorale after JSB* opens the program as a quiet reflection on J.S. Bach's Partita No. 1 for Keyboard. Free-will offering. Reception to follow.

### **Kairos Closing Opportunity**

Please see Lisa MacBain if you would like to attend the closing of the next Kairos Prison Ministry for Women. There is paperwork to complete so that your background check can be done. Also, watch for the sign-up sheet to pray for the women on the weekend.

## **Strawberry Festival 2017    Saturday, June 10th**

*There is much to be done in preparation for the festival each year. If you have chaired a department in the past, we would love for you to do so again. If you are new to the parish or the festival, there are many ways you can get involved. One of the best is...*

### ***The Silent Auction***

*Think of new and creative ways you can add to the list of great auction items. Copies of past years' catalogues are available to give you ideas. Also, we need organized and efficient volunteers to help manage the lead up to the auction and on festival day. WE NEED YOU!*

**Opportunities to help out:**

**Friday, June 9th**

- Picking - *World's Best Strawberries: hand-picked by Episcopalians Butler's Orchard: departing from Redeemer by 8:00 am*
- Hulling - *Cleaning strawberries with a great group Clara Barton Center: 11:00 am*
- Shopping - *The great, 6-cart shopping spree at Costco: 1:00 pm*
- Silent Auction - *Final set up of all the auction tables in the parish hall*

**Saturday, June 10th**

- Set-up - 9:00 am
- Book Sale · Boutique - clothing sales · Bake Sale
- Collectibles · The Grill - burgers, hot dogs, chips and drinks
- Kids' Games: Face Painting & Moonbounce
- The Kitchen - shortcakes and sundaes
- Silent Auction - help to manage and close out the auction
- Bankers - keep track of cash and do the final count
- Clean up - Saturday afternoon: 3:00 pm

Questions: Jefferson Arrington: [jefferson7019@aol.com](mailto:jefferson7019@aol.com)

**Dying on Our Own Terms: A Wednesday Evening Lenten Program (March 8 - April 5)**

This five-evening discussion program at Redeemer will use a series of video vignettes to explore the ethical, medical and economic forces that often drive a person's choices. The time to talk about these difficult issues is before they happen, before you're in the emergency room and under pressure to make a decision "right now". Armed with courage and knowledge, each of us can help one another, our families and the clergy to make those decisions which allow us to die on our own terms. There will be some homework. There are directives to consider and decisions to be made to plan your own burial service. These kind and thoughtful actions are gifts we can make to those we love the most. The program will be led by the Rev. Joe Clark. Cost for the program: \$40. Make checks payable to Church of the Redeemer, or you can pay online through our website.

**Tai Chi Chih At Church of the Redeemer.** Tai Chi Chih® is a tai chi / qigong form of gentle, standing movements. Practice can release stress, improve memory, circulate energy and promote balance, both physically and mentally.

**Beginner's class:** 8 weekly one hour sessions on Tuesdays at 10:00am. You will learn the entire Tai Chi Chih form in this course.

**First Class: Tuesday, March 28, 2017 at 10:00am**

**Cost:** \$120 contribution to the Church of the Redeemer

**Accredited Instructor: John Smallwood**

For more Tai Chi Chih information, see: <http://taichichih.org/>

Any questions? Call John Smallwood 301-633-8261.

To enroll: sign sheet in Parish Hall Bulletin Board

**MEN'S RETREAT 2017: Friday through Sunday, April 28th - 30th**

**Men in Their Roles as Leaders**

Meeting for our sixth annual weekend retreat, men at the Church of the Redeemer will gather in Berkeley Springs, West Virginia, on the weekend of April 28-30, with David Schlafer as our convener, to share experiences and reflections on what it has meant for us to be "leaders." We gather as friends and colleagues, and as fellow explorers in the

Community of Christian faith, to speak and listen with one another in considering questions related to "Leadership." Sign-up sheet in the parish hall. Questions: [Jefferson7019@aol.com](mailto:Jefferson7019@aol.com)

**April's coffee hour slots are empty**

Sign up for a Sunday or two. The list is on the "Sign Up" board in the parish hall.

**E-mail Addresses:**

Cricket: [rector@redeemerbethesda.org](mailto:rector@redeemerbethesda.org)

Chris: [music@redeemerbethesda.org](mailto:music@redeemerbethesda.org)

General Mailbox: [office@redeemerbethesda.org](mailto:office@redeemerbethesda.org)

Margaret: [accounting@redeemerbethesda.org](mailto:accounting@redeemerbethesda.org)

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**The Episcopal Church of the Redeemer**

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