



THE EPISCOPAL  
**CHURCH OF THE REDEEMER**  
BETHESDA, MARYLAND

*O worship the LORD in the beauty of holiness; let the whole earth stand in awe of him.*

## This Week at Redeemer

**Are you a new member of Redeemer?** If so, please mark your calendar and attend an informal lunch with the rector on March 18 at Noon. There will be a sign-up sheet in the parish hall so Amma Cricket will know how many to plan for and be aware of any dietary restrictions. Ongoing members are very welcome. Let's get to know each other!



### Sunday's Readings

Genesis 12:1-4a

Psalm 121

Romans 4:15, 13-17

John 3:1-17



### The Collect

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

## Serving: March 12, 2017



### Sunday, March 5, First Sunday in Lent

Ushers: Jefferson Arrington, Michael Mershon, Mary Helen Carlson

Crucifer: Thad Arrington

Acolyte: Helen Zitomer

Lectors: Marie France (8:00), Jenny Nachbar, Nathan Price (10:30)

Intercessor: Cathy Arrington

Chalice: Susan Grigsby (8:00); Ben Ivins, Bill MacBain, Chrissy deFontenay, Peggy Tucker (10:30)

Greeters: Brooke Anthony, Jane Dealy

Counters: Clark Downs, Melinda Nelson

Altar Guild: Tami McMinn, Helen Zitomer, Ann Hartman

Coffee Hour Team: Jane Dealy, Karen Stewart, Mary Nelson, Patricia Snowden, Bert Spencer, Chrissy deFontenay



## Tuesday, March 14

- Education for Ministry, 6:30 p.m.
- AA Meeting, 7:30 p.m.

## Wednesday, March 15

- Morning Prayer, 9:00 a.m.
- Education for Ministry, 9:30 a.m.
- AA Meeting, Noon
- Holy Eucharist, Noon
- Youth Choir Rehearsal, 4:30 p.m.
- Vestry, 6:30 p.m.
- Dying on Your Own Terms, 7:30 p.m.

### **Looking ahead:**

Dying on our Own Terms/Wednesdays in Lent, 7:30 p.m.

Taize/Mondays in Lent, 7:30 p.m.

Vestry, March 15, 6:30 p.m.

Next Step Breakfast, Samaritan Ministry, March 16, 7:30 a.m.

Memorial Service & Reception for Patricia Trilling, March 16, 11:00 a.m.

Newcomer Lunch, March 18, Noon

The District Eight in Concert, March 19

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### **More News from Redeemer**

#### **Dying on Our Own Terms: A Wednesday Evening Lenten Program (March 8 - April 5)**

This five-evening discussion program at Redeemer will use a series of video vignettes to explore the ethical, medical and economic forces that often drive a person's choices. The time to talk about these difficult issues is before they happen, before you're in the emergency room and under pressure to make a decision "right now". Armed with courage and knowledge, each of us can help one another, our families and the clergy to make those decisions which allow us to die on our own terms. There will be some homework. There are directives to consider and decisions to be made to plan your own burial service. These kind and thoughtful actions are gifts we can make to those we love the most. The program will be led by the Rev. Joe Clark. Cost for the program: \$40. Make checks payable to Church of the Redeemer, or you can pay online through our website.

#### **Samaritan Ministry**

Join us at Samaritan Ministry Next Step Breakfast. March 16, 7:30am - 9:00am. National Press Club. No charge; just come and explore ways to commit your time, talent and treasure to the work to help end poverty. Call John Smallwood at 301-633-8261 to register.

#### **Lenten Adult Forum**

Sundays in Lent, Redeemer presents forums on Spiritual Disciplines. Lent is a wonderful

time to experiment with different spiritual practices - try them on for size! When Lent is over, you can begin Eastertide with new ways to experience and live into God's presence and desire for you. On the 26<sup>th</sup>, John Smallwood talks about Tai Chi as a spiritual discipline. Amma Cricket will use *Spiritual Disciplines Handbook: Practices That Transform Us* by Adele Ahlberg Calhoun to help participants discern the practices that are matches for you. You are welcome to purchase the book, but it is not necessary.

### **Music at Redeemer: The District Eight in Concert**

**Sunday, March 19, 5:00 p.m.**

Acclaimed by The Washington Post for its "*fine singers who blend and balance*" and its "*consistently beautiful performances*", the District Eight presents a program exploring the rich repertoire of works for Lent and Holy Week, expanding its numbers to include Alessandro Scarlatti's exquisite *Stabat Mater*. Free-will offering. Reception to follow.

**Sunday, April 2, 5:00 p.m.**

### **Inscape Chamber Orchestra in Concert**

In its second concert of the season, Inscape performs a program of reflection and tenebrosity featuring the haunting sounds of George Crumb's *11 Echoes of Autumn*. Steven Stucky's *Partita-Pastorale after JSB* opens the program as a quiet reflection on J.S. Bach's Partita No. 1 for Keyboard. Free-will offering. Reception to follow.

## **Strawberry Festival 2017    Saturday, June 10th**

There is much to be done in preparation for the festival each year. If you have chaired a department in the past, we would love for you to do so again. If you are new to the parish or the festival, there are many ways you can get involved. One of the best is...

### **The Silent Auction**

Think of new and creative ways you can add to the list of great auction items. Copies of past years' catalogues are available to give you ideas. Also, we need organized and efficient volunteers to help manage the lead up to the auction and on festival day. WE NEED YOU!

### **Opportunities to help out:**

#### **Friday, June 9th**

- Picking - World's Best Strawberries: hand-picked by Episcopalians  
Butler's Orchard: departing from Redeemer by 8:00 am
- Hulling - Cleaning strawberries with a great group  
Clara Barton Center: 11:00 am
- Shopping - The great, 6-cart shopping spree at Costco: 1:00 pm
- Silent Auction - Final set up of all the auction tables in the parish hall

#### **Saturday, June 10th**

- Set-up - 9:00 am
- Book Sale
- Boutique - clothing sales
- Bake Sale
- Collectibles
- The Grill - burgers, hot dogs, chips and drinks
- Kids' Games: Face Painting & Moonbounce

- The Kitchen - shortcakes and sundaes
- Silent Auction - help to manage and close out the auction
- Bankers - keep track of cash and do the final count
- Clean up - Saturday afternoon: 3:00 pm

Questions: Jefferson Arrington: [jefferson7019@aol.com](mailto:jefferson7019@aol.com)

**Tai Chi Chih At Church of the Redeemer.** Tai Chi Chih ® is a tai chi / qigong form of gentle, standing movements. Practice can release stress, improve memory, circulate energy and promote balance, both physically and mentally.

**Beginner's class:** 8 weekly one hour sessions on Tuesdays at 10:00am. You will learn the entire Tai Chi Chih form in this course.

**First Class:** Tuesday, March 28, 2017 at 10:00am

**Cost:** \$120 contribution to the Church of the Redeemer

**Accredited Instructor:** John Smallwood

For more Tai Chi Chih information, see: <http://taichichih.org/>

Any questions? Call John Smallwood 301-633-8261.

To enroll: sign sheet in Parish Hall Bulletin Board

## **MEN'S RETREAT 2017: Friday through Sunday, April 28th - 30th**

### **Men in Their Roles as Leaders**

Meeting for our sixth annual weekend retreat, men at the Church of the Redeemer will gather in Berkeley Springs, West Virginia, on the weekend of April 28-30, with David Schlafer as our convener, to share experiences and reflections on what it has meant for us to be "leaders." We gather as friends and colleagues, and as fellow explorers in the Community of Christian faith, to speak and listen with one another in considering questions related to "Leadership." Sign-up sheet in the parish hall. Questions: [Jefferson7019@aol.com](mailto:Jefferson7019@aol.com)

### **Need a name tag?**

Please contact the office by e-mail or sign up on the name tag form in the narthex.

### **E-mail Addresses:**

Cricket: [rector@redeemberbethesda.org](mailto:rector@redeemberbethesda.org)

Chris: [music@redeemberbethesda.org](mailto:music@redeemberbethesda.org)

General Mailbox: [office@redeemberbethesda.org](mailto:office@redeemberbethesda.org)

Margaret: [accounting@redeemberbethesda.org](mailto:accounting@redeemberbethesda.org)

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