



THE HOLY EUCHARIST

The Third Sunday after Pentecost

June 30, 2019

8:00am & 10:30am

WE WELCOME YOU TO THE EPISCOPAL CHURCH OF THE REDEEMER.

If you are visiting today, please join us downstairs for fellowship and refreshments after the service.

Apart from the hymns, which may be found in the *The Hymnal, 1982*
in your pew or seat, everything you need for our liturgy is in this bulletin.

It is our practice to stand while singing, unless it is during the distribution of communion, in which case we sit. We sit for readings and songs from scripture, but we stand for the Gospel reading, turning to face the Bible to elevate Christ's word and example. We also stand for the Creed and say together all text set in **bold** type. In the early church, everyone stood to pray. You are invited to stand, kneel or sit for the prayers.

Today's liturgy is taken from *The Book of Common Prayer* (1979). Used by permission.

"Ordinary Time."

Ordinary time isn't a season; it describes the weeks between the seasons. The word "ordinary" means regular or plain but it also means "counted." Ordinal numbers are 1st, 2nd, 3rd, and so on; and this is the meaning of "Ordinary Time" since we count the weeks between the Church's seasons in ordinal numbers. Summer's Ordinary Time begins the day after Pentecost and continues to the Saturday before the 1st Sunday of Advent. (from www.agapebiblestudy.com)

THE WORD OF GOD

ORGAN PRELUDE

WELCOME

At the sound of the church bell, the People stand to sing

OPENING HYMN: 603, When Christ was lifted from the earth

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

The People remain standing

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

SONG OF PRAISE: HYMN 376

Joyful, joyful, we adore thee,
God of glory, Lord of love;
hearts unfold like flowers before thee,
praising thee, their sun above.
Melt the clouds of sin and sadness;
drive the dark of doubt away;
giver of immortal gladness,
fill us with the light of day.

The People remain standing

THE COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

The People sit for the lessons and psalm.

FIRST READING: 1 Kings 19:15-16, 19-21

Lector A Reading from the First Book of Kings.

¹⁵The LORD said to [Elijah,] “Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. ¹⁶Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place.

¹⁹So he set out from there, and found Elisha son of Shaphat, who was plowing. There were twelve yoke of oxen ahead of him, and he was with the twelfth. Elijah passed by him and threw his mantle over him. ²⁰He left the oxen, ran after Elijah, and said, “Let me kiss my father and my mother, and then I will follow you.” Then Elijah said to him, “Go back again; for what have I done to you?” ²¹He returned from following him, took the yoke of oxen, and slaughtered them; using the equipment from the oxen, he boiled their flesh, and gave it to the people, and they ate. Then he set out and followed Elijah, and became his servant.

Lector The Word of the Lord.

People **Thanks be to God.**

PSALM: Psalm 16

- ¹Protect me, O God, for I take refuge in you; *
I have said to the Lord, "You are my Lord,
my good above all other."
²All my delight is upon the godly that are in the land, *
upon those who are noble among the people.
³But those who run after other gods *
shall have their troubles multiplied.
⁴Their libations of blood I will not offer, *
nor take the names of their gods upon my lips.
⁵O LORD, you are my portion and my cup; *
it is you who uphold my lot.
⁶My boundaries enclose a pleasant land; *
indeed, I have a goodly heritage.
⁷I will bless the LORD who gives me counsel; *
my heart teaches me, night after night.
⁸I have set the LORD always before me; *
because he is at my right hand, I shall not fall.
⁹My heart, therefore, is glad, and my spirit rejoices; *
my body also shall rest in hope.
¹⁰For you will not abandon me to the grave, *
nor let your holy one see the Pit.
¹¹You will show me the path of life; *
in your presence there is fullness of joy,
and in your right hand are pleasures for evermore.

SECOND READING: Galatians 5:1, 13-25

Lector A Reading from Paul's letter to the Church in Galatia.

¹For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

¹³For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. ¹⁴For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." ¹⁵If, however, you bite and devour one another, take care that you are not consumed by one another.

¹⁶Live by the Spirit, I say, and do not gratify the desires of the flesh. ¹⁷For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. ¹⁸But if you are led by the Spirit, you are not subject to the law. ¹⁹Now the works of the flesh are obvious: fornication, impurity, licentiousness, ²⁰idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, ²¹envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.

²²By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, ²³gentleness, and self-control. There is no law against such things. ²⁴And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵If we live by the Spirit, let us also be guided by the Spirit.

Lector The Word of the Lord.

People **Thanks be to God.**

The People stand

SEQUENCE HYMN: 565, He who would valiant be

The People remain standing, turning to face the reader

GOSPEL: Luke 9:51-62

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

⁵¹When the days drew near for [Jesus] to be taken up, he set his face to go to Jerusalem. ⁵²And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; ⁵³but they did not receive him, because his face was set toward Jerusalem. ⁵⁴When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" ⁵⁵But he turned and rebuked them. ⁵⁶Then they went on to another village.

⁵⁷As they were going along the road, someone said to him, "I will follow you wherever you go." ⁵⁸And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head." ⁵⁹To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." ⁶⁰But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim

the kingdom of God.”⁶¹ Another said, “I will follow you, Lord; but let me first say farewell to those at my home.”⁶² Jesus said to him, “No one who puts a hand to the plow and looks back is fit for the kingdom of God.”

Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

The People are seated at the invitation of the preacher

THE SERMON The Rev'd Cricket Park

A brief period of silence follows

THE NICENE CREED

All stand.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

If we live by the Spirit, brothers and sisters, let us also be guided by the Spirit.
And, guided by the Spirit, let us lift our prayers to the Lord, saying, “We cry aloud
to you; *O God, hear us.*”

We give you thanks, O God, that for freedom Christ has set us free. Though at
times it challenges our patience, we also give you thanks for the freedom, through
love, to become servants of one another.
We cry aloud to you; *O God, hear us.*

Gracious God, give us the will and the strength to prepare the way for your
Kingdom to come. May love heal our factions and peace overcome strife.
We cry aloud to you; *O God, hear us.*

Your paths are in the great waters, mighty Redeemer. We thank you that by the
waters of baptism you have made us members of your household.
We cry aloud to you; *O God, hear us.*

Lord Jesus, you rebuked your disciples James and John when they desired the destruction of others. Instill in us gentleness and self-control that we might learn to love even those with whom we strongly disagree.

We cry aloud to you; *O God, hear us.*

You are the God who works wonders. We offer to you our sincere prayers for our hurting loved ones. Work wonders in their hearts and lives, we pray.

We cry aloud to you; *O God, hear us.*

By your strength, O God, you redeem your people. Lead us by your Spirit and make us fit for your heavenly Kingdom.

We cry aloud to you; *O God, hear us.*

The Presider adds a concluding collect.

CONFESSION OF SIN

Presider Let us confess our sins against God and our neighbor.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Presider says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presider The peace of the Lord be always with you.
People **And also with you.**

The People greet one another in the name of the Lord, then sit for announcements.

THE HOLY COMMUNION

The People remain seated

OFFERTORY

The Celebrant says an invitation and the elements and gifts are brought to the altar.

The People stand to sing

THE DOXOLOGY

Lasst uns erfreuen

**Praise God, from whom all blessings flow;
Praise God all creatures here below, Alleluia, Alleluia;
Praise God above, ye heavenly host:
Praise Father, Son, and Holy Ghost. Alleluia, Alleluia, Alleluia, Alleluia, Alleluia.**

The People remain standing.

SURSUM CORDA

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give God thanks and praise.**

The Presider continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

The Presider adds a Proper Preface

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS

Presider and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

WORDS OF INSTITUTION

The People stand, sit or kneel as they wish.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

As the Host is broken for sharing:

FRACTION ANTHEM

Presider Alleluia. Christ our Passover is sacrificed for us;
People ***Therefore let us keep the feast. Alleluia.***

A period of silence is kept.

INVITATION

Presider The Gifts of God for the People of God.

DISTRIBUTION

All who hunger for God are cordially invited to share the Gifts of God offered at this table, including children. Whoever you are, wherever you are in your life's journey, you are welcome here.

It is our custom to receive the bread in the upturned palms of our hands, eat the bread immediately, and then take a sip from the chalice. Please grasp the bottom of the chalice to guide it to your lips. You may also choose to dip the bread in the wine and then eat it.

Gluten-free wafers and grape juice are available; please let the minister know your needs. If the reception of Holy Communion is not part of your tradition, you are invited to come forward to receive a blessing, indicating your desire by crossing your arms over your chest.

The Bread and the Cup are given to the communicants with these words

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life.
Amen.

or with these words

The Body of Christ, the bread of heaven. **Amen.**
The Blood of Christ, the cup of salvation. **Amen.**

COMMUNION HYMN: 458, My song is love unknown

The People stand for the concluding prayers

THE POSTCOMMUNION PRAYER

Presider Let us pray.

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

THE BLESSING *The People respond:* **Amen.**

PROCESSIONAL HYMN: 550, Jesus calls us

THE DISMISSAL *The People respond:* **Thanks be to God!**

ORGAN POSTLUDE

Please take this bulletin home with you.

We invite you to join us downstairs for refreshments and fellowship in the Parish Hall.

*To learn more about the mission and ministry of The Church of the Redeemer,
visit **www.redeemerbethesda.org***

*You will find the latest edition of our monthly newsletter,
Redeemer Spirit, in the Narthex, Parish Hall, and on our website.*

SAVE THE DATES! A WHOLE MONTH OF ACTIVITIES!

LEAP OF FAITH

October is the 20th Anniversary of the dedication of the new sanctuary. Let's celebrate the laying of the foundation stone in 1999 with a month of activities. A celebration would not be complete without lots of music...so over the first weekend of October, we have:

Saturday, October 5

an *Evening at the Opera*

with recent graduates of Curtis School of Music, Philadelphia

Sunday, October 6

Vivaldi Gloria

A Choral event similar to last November's Duruflé *Requiem*, with a combined chorus of Redeemer Choir and Bradley Hills Presbyterian Choir taking center stage, complete with the BaRock Baroque Orchestra.

Saturday, October 12

Dinner/Karaoke/Auction

Sunday, October 13

3pm Pet Blessing

Friday, October 18 to the 19th

Youth Lock-In Night

Sunday, October 20

Youth Take Over at 10:30am

5pm Compline

Imagine for a moment the leap of faith that those parishioners had to make in order to create this magnificent space. What leap will we make now that will ensure a future for Redeemer?

Parish Announcements

■ PRAYER REQUESTS

For healing: Frank Anderson, Tracy Cooper-Tuckman, Joan Eisenstodt, Kiki Garo, Lou Garo, Lucien Garo, Jr., Eileen & Robert Hubbard, Olivier Jeanne, Judy James, Peter & Beate Kendall, Marty & John Long, Gary Lorenz, Clarice Leslie, Susan Moore, Mary Potter, Marilyn Rossie, Claudia Serrin, Anne Southard, Patricia Snowden, Karen Stewart, Ann Taylor, Jimmy Tinto, Michele C. Underwood, Lois Vuolo, Jerry, Eileen and Anabel

For those preparing for baptism: Arthur Hoogerheide

In thanksgiving for birthdays: Christoph Muenchow-Pohl, Marcia Sartwell, Abe Sauer, Tony Penn, Carolyn Marie Tucker, Hope Platt

For safety while away: Laura & Douglas Rose; Brenda, Tilla, & Kailah McAntony; Jim & Mary Packard-Winkler; and all who travel for the summer.

The flowers on the altar are given to the glory of God.
Please sign up to dedicate the flowers to your special intention.

**JOIN SUSAN FITZGERALD EVERY MONDAY EVENING FROM 6 TO 7
FOR CONTEMPLATIVE WEEDING!**

Summer Worship changes:

Labyrinth Walks begin on Monday, July 15th at 7:00pm. Please join us for a quiet, contemplative experience this summer. For more information, please see Patricia Snowden. To participate musically, please see Lisa MacBain.

Holy Eucharist on Wednesdays will be 'on vacation' until September beginning July 3rd. Please join us at 9:00am for Morning Prayer.

Pilgrimage to the Arizona Border: Ver, Pensar, Actuar (See, Think, Act)

Join the team from Diocese of Washington and the Cathedral Sanctuary Committee on a learning pilgrimage to the Arizona border. As a BorderLinks participant you will learn from people directly affected by current economic and immigration policies. Meet with humanitarian aid organizations and immigration rights advocates, walk desert trails, witness court proceedings, visit migrant shelters and detention centers and learn about community-based projects that create economic and social opportunities within immigrant communities. This is an opportunity to think critically about the systems in which we live and participate, and about our role in the construction of a more just and caring society. We will fly to Tucson on Sunday, November 10, 2019 and return on Friday, November 15. The event cost is \$760 for program, room and board. Airfare is additional. If you are interested or need more information, please let Father Sam know (samdessordi@yahoo.co.uk) or contact the Rev. Sarabeth Goodwin, sgoodwin@edow.org or **202-321-6351**.

Sunday Forums

Sunday forums are about sharing your interests, your work, your passions with the parish. Forums are a means for building community as we get to know one another and learn and grow in our faith. Please consider how you might offer a Sunday forum. Contact Heather Tomlinson at hbt47@yahoo.com or Bob Yates at bob@bobyates.net or speak to one of them on a Sunday.

Commemoration of all Faithful Departed: **All Souls' Day, November 2, 2019**
With thanks to Friends of Music at Redeemer for providing the funding for
John Rutter's *Requiem*, accompanied by instruments.

We remain at 8am and 10:30am through the Summer.
Choral rehearsals and services will recommence after Labor Day.

NEXT WEEK'S LECTIONARY

July 7—Fourth Sunday after Pentecost, YEAR C

[Isaiah 66:10-14 - Psalm 66:1-8 - Galatians 6:\(1-6\)7-16 - Luke 10:1-11, 16-20](#)

Think Bethesda Cares!

You can make a huge difference by donating needed one-time or recurring/ monthly needs for homeless and recently housed individuals in Montgomery County. These can be purchased from anywhere, but please only donate new when “new only” is specified.

If shipping from Amazon, please click “Send as gift” and add a note with your name and address so we can acknowledge your donation!

Or, drop off during our office hours: Monday-Friday, 9am-12:30pm or 2-4pm at:
Bethesda Cares 7728 Woodmont Avenue, Bethesda, Maryland 20814

**Please e-mail volunteer@bethesdacares.org to notify us if you'll be sponsoring a monthly coffee station item or a one-time need item so we can remove it from this list!

One-time needs: postage stamps (forever stamps appreciated!) and picture-hanging Command strips

Sponsor a monthly item for our homeless client coffee station!

#6 coffee filters (5 ¾”), Stirrers; Hot beverage cups; Packets of sugar; Tea bags

Recurring needs (in priority order):

Adult backpacks (new or used)
Alcohol-free single-pack body wipes
Containers of Clorox disinfectant wipes
Febreze spray (odor remover)
3 to 5 blade disposable razors
Machine-wash laundry detergent single-packs:
Travel-size toothpaste
Men’s boxers sizes S-L (new only!)
Sleeping bags
Nail files/ emery boards
Full size laundry detergent
Dishwasher detergent pods
Dish soap
Sponges/ scrubbing brushes
Men’s belts (new or used)
Sunscreen (especially travel-size)
Sensitive skin shaving cream or Noxima
Hardwood floor cleaner
Canisters of powdered juice mix (Kool Aid, Iced Tea, lemonade, etc.)
Soup in ready-to-microwave bowls or pop-top cans (no can opener required)

Parish Calendar

Sunday, June 30

Holy Eucharist, 8:00am
Purl-y Gates, 9:15am
Holy Eucharist & Child Care, 10:30am

Monday, July 1 - Office Closed

AA Meeting, Noon

Tuesday, July 2

AA Meeting, 7:30pm
Staff Meeting, 1:30pm

Wednesday, July 3

Morning Prayer, 9:00am
AA Meeting, Noon

Thursday, July 4

Office closed

Friday, July 5

AA Meditation Meeting, Noon
AA Meeting, 6:30 pm
AA Meeting, 8:30pm

Saturday, July 6

Yoga, 9:30am

Sunday, July 7

Holy Eucharist, 8:00am
Child Care, 9:15am
Purl-y Gates, 9:15am
Holy Eucharist & Child Care, 10:30am

**Cricket will be on vacation
July 2—11**

www.redeemberbethesda.org

Secure your seats!

and receive useful reminders, on
www.Eventbrite.com

 **Music at Redeemer**

2019-2020 Season

- September 21 **Baroque and Neo-Baroque** KASSIA MUSIC
October 5 **An Evening at the Opera**
October 6 **Vivaldi Gloria** Combined Choirs
November 2 **Rutter Requiem** Redeemer Choirs
November 16 **Classical and Neo-Classical** KASSIA MUSIC
December 14 **A Charlie Brown Christmas** Eric Byrd Trio
January 18 **The diminutive dynamo** Isabelle Demers, organ
February 1 **Heimat Quartet** Beethoven 250, Brahms
February 15 **Romantic and Neo-Romantic** KASSIA MUSIC
March 21 **Chamber Music Day** KASSIA MUSIC
March 21 **Bach Cello Suites** Juliana Soltis
April 25 **20th Century/Contemporary** KASSIA MUSIC
May 16 **17th Century Women in Transformation** Vivi Cantando

General Mailbox:

office@redeemberbethesda.org

Cricket: rector@redeemberbethesda.org

Geoffrey: music@redeemberbethesda.org

Margaret: accounting@redeemberbethesda.org

Bob: bob@redeemberbethesda.org

Samaritan Ministry Requests

Please bring “walking food,” and toiletry items to church and leave them in the marked box in the Parish Hall. Karen Stewart will deliver them to the Samaritan Ministry office where she volunteers.

Thank you for your thoughtfulness.

Manna Food Center—Most Needed Items

Grains: Instant Oatmeal packets, original flavor, Brown Rice (16 oz), Whole grain pasta (16 oz)

Protein: Tuna, Salmon, or Chicken (in water); Dry or canned beans (low sodium); Natural nut butters

Fruits & Vegetables: Canned vegetables (low sodium), Canned fruit (in juice), Fruit cups

Other healthy items: Shelf-stable, individual milk boxes, Cooking oils & spices, Infant formula and baby foods



Redeemer Book Group

We are reading *March*, a novel by Geraldine Brooks, inspired by the 19th century classic *Little Women*. The story draws a close-up and graphic description of the horrors of the civil war and the disruption it brings to a particular family. It is beautifully written and provides a rich agenda for discussion which will take place on August 11 at the home of Huda and Jochen Kraske, 4550 North Park Avenue, Apt. 410, Chevy Chase, Md. 20815 (Phone: 301 656 2087).

After *March*, we will be reading *Just Mercy* by Bryan Stevenson.

Coffee Hour

Today is provided by Patricia Snowden!

There is a sign-up sheet on the board and we invite you to take a Sunday. If the cost of hosting is holding you back, please know that there is money in the budget to help reimburse you. Thank you for helping our ministry of hospitality.

Cricket will be on vacation from July 2 to 11. For pastoral emergencies please contact Rev'd David Schlafer for pastoral emergencies (301-493-4261) and Susan Fitzgerald for any other church matters (301-229-3430). I'm confident the staff can help you with day-to-day requests. Remember - no bleeding, no dying, no fires. I will not ask anyone for gift cards. I will not be taking phone calls and will refrain from e-mail. It's important to take this Sabbath time.

Worship Assistants

During the summer, the worship assistants are mostly volunteers. Each week you will be able to assign yourself for the following week, or you can do it on the morning of the service.

The exception are the counters and healing ministers.

Try something new. Do what's familiar. Whatever you choose will be pleasing to God.



THE EPISCOPAL
CHURCH OF THE REDEEMER
BETHESDA, MARYLAND

O worship the LORD in the beauty of holiness; let the whole earth stand in awe of him.

6201 Dunrobbin Dr.
at MacArthur Blvd.
Glen Echo,
Bethesda, Maryland 20816
301-229-3770
office@redeembethesda.org

The Right Rev'd Mariann Edgar Budde, Bishop of Washington
The Rev'd Cricket Park, Rector
The Rev'd Dr. David Schlafer, Assisting Priest
Geoffrey Silver, Director of Music Ministries
Bob Yates, Communications



www. RedeemerBethesda .org
