



# REDEEMER SPIRIT THIS WEEK

The Episcopal Church of the Redeemer, Bethesda, Maryland

## Parish Announcements

### ■ PRAYER REQUESTS

**For healing:** Frank Anderson, Kim Barrett, Mary Helen Carlson, Brendan Dealy, Joan Eisenstodt, Pat Foster, Kiki Garo, Natalie S. Graham, Tom & Margaret Greene, Judy James, Olivier Jeanne, Peter & Beate Kendall, Kelsie Kimberlin, Gary Lorenz, Clarice Leslie, Laura Naimark, Mary Nelson, Nicholas Platt, Mary Potter, Charles Raisch, Teresa Raj, Marilyn Rossie, Catherine Sands, Beth Sauerland, Claudia Serrin, Anne Southard, Patricia Snowden, Bert Spencer, Karen Stewart, Ann Taylor, Jimmy Tinto, Lois Vuolo, David, Eileen, Jerry

**In thanksgiving for birthdays:** Julia Dohner, David Riggs,  
River Amouri, Bill MacBain, Patrick Tucker, Elizabeth Carr

**For safety while away:** Laura & Douglas Rose; Brenda, Tilla, & Kailah McAntony; Noelle Voeltze & family

**There are no flowers on the altar in Lent.** Please sign up in the parish hall for your dedication of flowers after Easter.

### Coffee Hour We are looking for hosts!

See the sign-up sheet in the Parish Hall for your opportunity to host one in the future. Make it fun by teaming up with someone else!



### *Looking Ahead:*

- Collar and Coffee with Amma Cricket,  
Thursdays at Sumner Place at 10am
- Pancake Supper, Feb 25, 5:30pm–7:30pm
  - Ash Wednesday, Feb 26, 7:30am, Noon, 7:30pm
  - Lent I, March 1

## Parish Calendar

### Sunday, March 1

Holy Eucharist, 8:00am  
Adult Forum, 9:15am  
Child Care, 9:15am  
Holy Eucharist, 10:30am  
The FIVE, 5:00pm

**Monday, March 2,** Office closed  
AA Meeting, Noon

### Tuesday, March 3

Staff Meeting, 1:30pm  
AA Meeting, 7:30pm

### Wednesday, March 4

AA Meeting, Noon  
Holy Eucharist, Noon  
Youth Choir Practice, 4:30pm  
Youth Group, 6:00pm  
first Inquirers' class, 7:30pm

### Thursday, March 5

Collar & Coffee Office Hours at  
Sangamore, 10:00am  
Adult Choir Practice, 7:30pm

### Friday, March 6

Music Together, 9:30am  
AA Meditation Meeting, Noon  
Al-Anon Meeting, 6:30 pm  
AA Meeting, 8:30pm

### Saturday, March 7

Newcomers Lunch, 12noon

### Sunday, March 8

Holy Eucharist, 8:00am  
Adult Forum, 9:15am  
Child Care, 9:15am  
Holy Eucharist, 10:30am  
The FIVE, 5:00pm  
Book Group meeting, 3:00pm

## Youth Events

Please mark your calendars today!

**March 22**—Bethesda Cares Dinner

**April 26:** Sandy Spring

**May 16:** Kings Dominion

Participation is open to youth between 5th and 12th grade. Parental accompaniment is requested. For more information, and to be sure your young person is on her mailing list, please contact Yaa directly:

PRAY@redeemberbethesda.org

**Yaa Addison**



## Repent and Repair

On March 28<sup>th</sup>, from 9:00 a.m. until 12:00 p.m. we will meet in the parish hall to repair some of the “little” projects that need attending and do not require professionals. These include some projects that cost absolutely no money but need physical effort, some projects that may need a small outlay of cash as well as manual labor and some projects that need only your cash – no physical labor involved. Sign up for a project and meet us on March 28<sup>th</sup> or, if you are unable to participate that date, select a project and complete it on your own time (preferably during Lent). If a project is too big for you to complete on your own then join with another person or family and complete it together. Help us refresh Redeemer during this holy season by taking ownership of our worship space.

## Redeemer Youth Group

Dates for 2020 (through May)

March 4th

April 1st

May 13th

In addition to our usual monthly dinner together, we’ll be exploring the book “What Do You Stand For? A Guide to Building Character. (For Teens) by Barbara Lewis. *You don’t need to purchase the book.*

Youth Group begins at 6:00pm

As always, invite a friend!

## Foyer Groups

The Foyer Groups are now formed and are expected to meet 2-3 times over the months Feb. - April. Hopefully, the coordinators of the groups have already scheduled the first dinner. New groups will be formed mid April to meet during May-July. If anyone would like to join these welcoming groups, please add your name on the sheet hanging in the Parish Hall. Questions: contact Huda Kraske (hqkraske@aol.com) or Mary Helen Carlson (carlsonmh1@gmail.com)

## *MEN'S RETREAT 2020*

Friday through Sunday

April 17 - 19.

Meeting for our *TENTH* annual weekend retreat, men of the Church of the Redeemer will gather in Berkeley Springs, West Virginia, on the weekend of April 17 - 19 with David Schlafer as our convener, to share experiences and reflections, and enjoy each other’s company.

Mark your calendars and plan to be there. The cost will again be \$200 each. This includes room and meals. Scholarships are available!

Please add your name to the Sign-up sheet in the parish hall.

Questions: [Jefferson7019@aol.com](mailto:Jefferson7019@aol.com)

## Newcomer Lunch

Scheduled for March 7th

If you are new to Redeemer, or just want to meet new people, please attend the Rector's Newcomer Lunch on Saturday, March 7th at Noon. "Newcomers" can be anyone who has joined our community over the last 2 years. **The Newcomer Lunch** is also an event to invite someone who may be looking for a spiritual community. Please RSVP to [Amma Cricket](mailto:AmmaCricket) by March 4th.

## Adult Forums in Lent—first one is today!

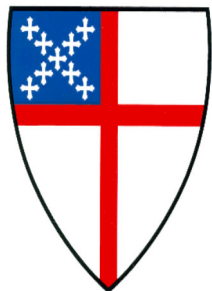
On March 1st - Why do we need Lent?

We will start with a discussion of the history of Lent. We will then talk about what Lenten practices work and don't work for us (and we may come up with other creative alternatives.) We always enjoy listening to each other!

Other Sundays in Lent will be a discussion of the Saints in Lent.

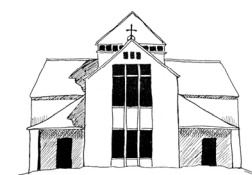
## Redeemer Book Group

Ten of us got together recently and had a wonderful discussion of the book "News of the World". There was general agreement to change our next reading to a lighter book. So, we are now scheduled to read "Ciao America" by Beppe Severgnini. The book is a delightful read, full of wonderful anecdotes that capture the absurdities of life in America. After spending a year in the US, Severgnini writes in a jovial, enthusiastic way about the people he meets, teasing them with his sharp wit. He is not laughing at us, but with us. The book will be discussed at 3:00 pm on March 8, 2020 at the home of Huda & Jochen Kraske, 4550 North Park Avenue, Apt. 410, Chevy Chase, Md. 20815. Questions? Pls. contact Huda at [hqkraske@aol.com](mailto:hqkraske@aol.com).



## ~~Krz #wre#Hs lvfrsdddq#~~ Sign-up for Classes!

Amma Cricket is leading a series of instructional classes for anyone who is new to the Episcopal Church or to Redeemer. We'll be using a text by the Rev'ds Scott Dunn and Melody Wilson Shube entitled *Walk in Love: Episcopal Beliefs & Practices*. It covers the basic beliefs of Anglican Christianity, the sacraments, the *Book of Common Prayer*, and what it means to live a life centered in the Trinity. Sign-up via email, ([rector@redeemerbethesda.org](mailto:rector@redeemerbethesda.org))



Music at Redeemer

[www.musicatredeemer.org](http://www.musicatredeemer.org)

## March 21, 7pm, Bach Cello Suites, Juliana Soltis

For details and tickets, visit [www.MusicAtRedeemer.org](http://www.MusicAtRedeemer.org)

## EMAIL

### Emails at Redeemer.

Cricket: rector@redeemerbethesda.org

Geoffrey: music@redeemerbethesda.org

Yaa: PRAY@redeemerbethesda.org

Margaret: accounting@redeemerbethesda.org

Bob: bob@redeemerbethesda.org

The office: office@redeemerbethesda.org

## Blood Drive at Redeemer Tuesday, March 17th Noon to 5:00pm

Will you give one hour of your time to save someone's life? Certainly the joy will come back to you, knowing that you are a hero!

Sign-up in the Parish Hall or at  
[www.redcrossblood.org](http://www.redcrossblood.org)



**GIVE  
SOMEONE A  
PINT ON**



**SAINT  
PADDY'S  
DAY**

### The FIVE – an afternoon Sunday service at Redeemer.

To quote Monty Python: And now for something completely different. The FIVE, offered at 5:00pm on Sundays, provides an alternative Eucharistic experience at Redeemer. Inspired by *Mishkha*, a service plan based on the arts, The FIVE aspires to involve all our senses within the worship context.

(<http://www.mishkha.com/>)

The first offering of The FIVE is TODAY! The theme for The FIVE during Lent is "Accepting Grace". Those present will have the opportunity to walk a "via sacra" (sacred way) as a response to the lessons, which will include scripture from the lectionary as well as relative selections from literature. Musical selections from modern artists accompany well-known hymns. There will be opportunities to engage your senses of touch, smell, and vision. There will be plenty of time for silence as well.

The discovery work that guided the work to plan the Lenten services was done with the Worship Committee when it met last week. Going forward, those who are engaged with this service will work with Cricket and Geoffrey to craft the next seasons. If you are interested in this work, please let Cricket know.

We hope those of you for whom a morning service is difficult or impossible to attend will give The FIVE a try. The service is another option for inviting friends or family who are seeking a relationship with a faith community.



## THE EPISCOPAL CHURCH OF THE REDEEMER

BETHESDA, MARYLAND

*O worship the LORD in the beauty of holiness; let the whole earth stand in awe of him.*

6201 Dunrobbin Dr.  
at MacArthur Blvd.  
Glen Echo,  
Bethesda, Maryland 20816  
301-229-3770  
[office@redeemerbethesda.org](mailto:office@redeemerbethesda.org)

The Right Rev'd Mariann Edgar Budde,  
Bishop of Washington  
The Rev'd Cricket Park, Rector  
The Rev'd Dr. David Schlafer, Assisting Priest  
Geoffrey Silver, Director of Music Ministries  
Bob Yates, Parish Assistant

