



THE EPISCOPAL
CHURCH OF THE REDEEMER
BETHESDA, MARYLAND

O worship the LORD in the beauty of holiness; let the whole earth stand in awe of him.

This Week at Redeemer

From the Rector:

Friends,

I hope you received yesterday's e-mail detailing the instructions from Bishop Budde regarding COVID-19. The vestry and I spoke on Monday regarding Redeemer and the current health situation. At this time, we are not suspending services. The staff will be working on an online option this week. We are asking that anyone who is ill, or who has someone at home who is ill, or has recently traveled from one of the targeted areas of the world regarding COVID-19, please stay home. If you have been in contact with anyone from Christ Church, Georgetown, please self-quarantine.



In addition, wine will not be distributed to the congregation. This is a temporary move and will be reversed when it has been determined by county officials that it is safe to do so. Also, to keep touching people and things to a minimum, the Peace should be shared with a smile and a bow. We plan to distribute the host via standing stations so that no one is in contact with the altar rail. The clergy will disappear into the sacristy during the Peace to wash their hands before saying the Eucharistic Prayers. We won't be passing the plate - offerings will be received at the back of the church. The Healing Ministers will be available for prayer this week, but they will not be touching those who come forward to pray. Coffee hour must suspend the offering of food for the time being. We'll have coffee and tea and juice, all in disposable cups.

If you are able, we'd like to clean the pews before and after church. Cricket plans to be here, bleach in hand, on Saturday afternoon. In lieu of coffee hour, we encourage you to stay and repeat the process after the 10:30am service.

From Robert Hubbell, a political writer in California: *The next months will test our character. We must do two things: Act prudently and act altruistically. Those imperatives may be in conflict at times, but they share a common goal: helping others. There may be times when the most selfless act we can undertake is to stay home. At other times, we may need to reach out to provide guidance and support. Confused? Talk to family or friends to work through the challenge together.*

It is okay to stay home. It is the kindest thing you can do if you aren't feeling well. As we know more, I'll be communicating more. Take your vitamins. Drink your orange juice. Wash your hands. Pray for Christ Church. Pray for our community. Pray for the world. **Cricket+**

Collect for Sunday:

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul;

through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Readings for Sunday:

- Exodus 17:1-7
- John 4:5-42
- Psalm 95

Serving on Sunday

Worship Assistants

March 15, 2020

8:00 Service:

Lector: Dean Cinkala

10:30 Service:

Ushers: Jefferson Arrington, Richard Tyler, Madeleine Tyler

Acolyte: Olivia Tyler

Lectors: Jo Barclay-Beard

Intercessor: Bob Yates or Judy James

Healing Ministers: Linda Lear, TBD, TBD, Elizabeth Askey

Counters: Cathy Arrington, Brooke Anthony

Coffee Hour: No food at coffee hour during the crisis.

5:00 Service

Lector: Clark Downs



■PRAYER REQUESTS

For healing: Frank Anderson, Kim Barrett, Mary Helen Carlson, Brendan Dealy, Joan Eisenstodt, Pat Foster, Kiki Garo, Natalie S. Graham, Tom & Margaret Greene, Judy James, Olivier Jeanne, Peter & Beate Kendall, Kelsie Kimberlin, Gary Lorenz, Clarice Leslie, Laura Naimark, Mary Nelson, Nicholas Platt, Mary Potter, Charles Raisch, Marilyn Rossie, Catherine Sands, Beth Sauerland, Claudia Serrin, Tom Smith, Anne Southard,

Tom Smith, Patricia Snowden, Bert Spencer, Karen Stewart, Ann Taylor, Jimmy Tinto, Lois Vuolo, David, Eileen, Jerry

Please let us know if you wish to remain on the list, or wish for us to keep the name of a loved one on the list. Thank you.

In thanksgiving for birthdays: Toni Strother, Jefferson Arrington, Justin Cinkala, Athena Hoogerheide, Sally Pugsley, David Winer

For safety while away: Laura & Douglas Rose; Brenda, Tilla, & Kailah McAntony; and

Noelle Voeltz and family

Altar Flowers: There are no altar flowers in Lent. Donations for Easter flowers are being received from now until Palm Sunday. Please donate via our website: <https://www.redeemerbethesda.org/stewardship-giving/online-payments/>

Parish Calendar

Wednesday, March 11

AA Meeting, Noon
Holy Eucharist, Noon
Youth Choir Practice, 4:30pm
Inquirers Class, 7:30pm

Thursday, March 12

Collar & Coffee Office Hours at Sangamore, 10:00am
Adult Choir Practice, 7:30pm

Friday, March 13

Music Together, 9:30am
AA Meditation Meeting, Noon
AI-Anon Meeting, 6:30 pm
AA Meeting, 8:30pm

Saturday, March 14

Church cleaning at 1:00pm

Sunday, March 15

Holy Eucharist, 8:00am
Adult Forum, 9:15am
Child Care, 9:15pm
Holy Eucharist, 10:30am
The FIVE, 5:00pm

Monday, March 16, Office closed

AA Meeting, Noon

Tuesday, March 17

Staff Meeting, 1:30pm
Blood Drive 12:00 - 5:00pm
AA Meeting, 7:30pm

Wednesday, March 18

AA Meeting, Noon
Holy Eucharist, Noon
Youth Choir Practice, 4:30pm

Blood Drive at Redeemer on March 17th

It can be your family member or your neighbor that are in need, but it is your commitment that

brings the joy back to you. Just imagine for a moment what it feels like to give such a wonderful gift that the person receiving it can live for another day! It clearly is the least selfish thing that a person can do - to give of yourself so that another may live! We all know the story - who is your neighbor?

The need for blood continues through the crisis, and the drive will be held at Redeemer with significant precautions in place. Everything from the Red Cross arrives in sterile condition and we all will be careful to wash our hands and limit contact with each other.

While we gladly will accept walk-in donors, it makes our planning easier if you will commit to a time in advance. This way we can create a smooth flow to the drive and cut down on any wait times. If you do walk in, other donors with appointments might go ahead of you. Sign up in the Parish Hall, at the Red Cross site, or by email to bob@bobyates.net



**It's not the fanciest accessory.
Nor the most expensive.
But to someone in need of lifesaving blood,
it's the most important.**

Redeemer Book Group

The next book the group will be reading is "A Meal in Winter" by Hubert Mingarelli. Mingarelli's timeless novel, translated from the French, begins one morning in the dead of winter during World War II. Three German soldiers are heading into the frozen Polish countryside tracking a Jew, in order to bring him back to their camp for execution. This is a short novel impossible to put down, a masterpiece of empathy and horror. The book will be discussed at three o'clock on April 26 at the home of Huda & Jochen Kraske, 4550 North Park Avenue, Apt. 410, Chevy Chase, Md. 20815. For information, contact Huda at hqkraske@aol.com

Repent and Repair

On March 28th, from 9:00 a.m. until 12:00 p.m. we will meet in the parish hall to repair some of the "little" projects that need attending and do not require professionals. These include projects that cost absolutely no money but need physical effort. Meet us on March 28th or, if you are unable to participate that date, select a project and complete it on your own time (preferably during Lent). If a project is too big for you to complete on your own then join with another person or family and complete it together. Help us refresh Redeemer during this holy season by taking ownership of our worship space.

P.R.A.Y. Provides Bethesda Cares Dinner in March

The Bethesda Cares Dinner on Sunday, March 22, will be prepared by youth who are members at Redeemer, St. Dunstan's, and St. Patrick's. We ask that each family bring 2 rotisserie chickens to Redeemer by 1:30pm that Sunday. We'll prepare the entire dinner here and then deliver it to Bethesda Cares at 4:00pm. Parental help is needed for the delivery please. Youth will prepare side dishes, salads, and desserts also. Thank you for supporting this outreach activity!

MEN'S RETREAT 2020

I am disappointed to announce that, after the Bishop's guidance, and in consultation with David and Cricket, we are postponing the men's retreat. We hope to be able to do it later in the year, possibly this summer or fall. Thanks. Jefferson.

Questions: Jefferson7019@aol.com

receiving emails from a personal email account created by a scammer who is impersonating the rector or a leader at the parish. DO NOT respond to them. Please be careful and delete it if you are the one getting them!

e-mail addresses:

Cricket: rector@redeemerbethesda.org

Geoffrey: music@redeemerbethesda.org

General Mailbox: office@redeemerbethesda.org

Yaa: PRAY@redeemerbethesda.org

Margaret: accounting@redeemerbethesda.org

Bob: bob@redeemerbethesda.org

These are the email addresses used by the staff. Please be sure to check the sender's address if you receive an email that sounds suspicious.

No one from Redeemer will ever ask you to buy gift cards or send money.

Please be careful!

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