



## This Week at Redeemer

VISIT OUR WEBSITE



### Collect for Sunday March 7:

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### Readings for Sunday March 7:

- **Exodus 20:1-17** (Barbara Alterowitz - reader)
- **1 Corinthians 1:18-25** (Dean Cinkala - reader)
- **John 2:13-22**
- **Psalm 19**

Prayers of the People: Karen Stewart

Need Reserved Sacrament? Collect yours from **Cricket**.

### Be ready to come to church! Sign the Covenant Today

Whether we meet outside or inside, we need your covenant to help keep us all safe. Go to the waiver/covenant by clicking here:

<https://waiver.smartwaiver.com/w/5f884aed3443f/web/>

### Daily Prayers to Bracket Your Weekdays

Morning Prayers, features the clergy via your regular phone. We invite you to join us at 10am, Monday through Friday. **Call 508-924-1769.**

The second, Compline, takes place at 8pm, Monday through Friday. Join us to settle yourself for the night. The Compline link is on the Redeemer website and in the calendar below.

## MINISTRY OPPORTUNITIES

### Manna Food Pantry

Chrissy deFontenay and Ben Ivins take items to Manna Food Center every week. There are many hungry folks in our county - even in Bethesda! Please consider purchasing a couple of items for the pantry box when you go to the store this week.

## **Nourishing Bethesda**

Speaking of hungry people here, this coalition of churches and private businesses is feeding 270-300 families each week.

*Nourishing Bethesda invites you to do a 40-day collection to assist them in their mission. Place one shelf stable item in a box every day in Lent. At Easter, we'll deliver these items to St. John's, Norwood. More information is to come.*

You can contribute financially by clicking **here**. Select Nourishing Bethesda from the dropdown menu. You can feed a family for a week for \$25. To volunteer go to **NourishingBethesda**. There is a need for transportation help on Fridays.

## **Adult Formation in Lent**

### **Sunday series on Ways to Pray.**

March 7: Cricket Park invites us to try movement as prayer

March 14: Cathy Arrington, Toni Strother & Cricket show us how to pray with textiles

March 21: Guest artist Lisa Palchick shares praying with icons and mandalas

March 28: Palm Sunday - no adult forum.

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## **Redeemer Book Group - this Sunday!**

Our next meeting will be on March 7 at 3 pm. We will be discussing “Caste: The Origins of our Discontent” by Isabel Wilkerson. Described by the NY Times as an “instant classic,” this timely non-fiction book examines the unspoken caste system that influences people’s lives and behavior and the nation’s fate. Through an immersive, deeply researched narrative and stories about real people, she explores how America today and throughout its history has been shaped by a hidden caste system that includes but extends beyond race and enforces a rigid hierarchy of human rankings. All are welcome. The Zoom link is below. For more information, please contact Bob Dresser [robert.dresser@gmail.com](mailto:robert.dresser@gmail.com) or Huda Kraske [hqkraske@aol.com](mailto:hqkraske@aol.com).

<https://us02web.zoom.us/j/87582685396?pwd=bWg4aHJzWG9kNEExNcUhiakdoZklhQT09>

## **The History of Slavery:**

### **The First 200 Years— an encore presentation by Karen Stewart.**

Join Karen on Wednesday evenings in Lent for her fascinating course on Slavery in America. Karen takes us on a journey that will open our eyes to the horrors of this practice in American history. Horrors that continue to haunt us to this day. This encore presentation is a deeper look at this history. If you’ve attended her presentations at Adult Forums before, there will be more information for you this time around.

Classes will be on WEDNESDAY EVENINGS on Zoom. This is a six-week course from February 24th to March 31st. Each class runs an hour and fifteen minutes, from 7:30pm to 8:45pm. You are strongly encouraged to commit to attending all sessions. Please register for the class by e-mailing the rector: [rector@redeemberbethesda.org](mailto:rector@redeemberbethesda.org). The link is <https://us02web.zoom.us/j/85912028288?pwd=OWhGSHdsVEd1SVBYdIFPQWV2R2R2JVQT09>.

## **Redeemer Families of all Sizes and Ages:**

Use this **Giving Calendar** (Thank you Rev. Jennifer Gamber and the good folks at Forma!) during Lent. At the end, send the money you've collected to your favorite good cause. If you would like a pdf of the calendar, please click the link in red.

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Thank you for keeping your pledge current.



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## ■ PRAYER REQUESTS

For healing: Dee Beilstein, Brendan Dealy, Joan Eisenstodt, Mary Fogwell, Susan Forsyth, Kiki Garo, Natalie S. Graham, Tom & Margaret Greene, Karen Hansen, Randy Henderson, Judy James, Olivier Jeanne, Peter & Beate Kendall, Kelsie Kimberlin, Huda Kraske, Clarice Leslie, Howard London, Leslie McGlothlin, Laura Naimark, Mary Nelson, Miguel Orquiz, Nicholas Platt, Mary Potter, Charles Raisch, Jean & David Riggs, Marilyn Rossie, Catherine Sands, Claudia Serrin, Patricia Snowden, Anne Southard, Bert Spencer, Karen Stewart, Ann Taylor, Kim Turska, Lois Vuolo, Ariana, "T", David, Evie, Jerry, Gretchen & Sharon, Eleanor, Paul & Dora, and Dawn & Mike.

**In thanksgiving for birthdays:** David Riggs, River Amouri, Bill MacBain, Patrick Tucker, Elizabeth Carr, Steve France, Shannon Yehl

**For the repose of the soul of** Beth Sauerland, Ben Ivin's sister.

**For safety while at work:** Sujie Kim, Ryan Fischer, Emily, Amy, Beth, Tyler Packard-Winkler, and all medical personnel, first responders, delivery drivers, grocery store workers and janitorial staff.

**For safety while away:** Laura & Douglas Rose; and Noelle Veltze and family.

For all who are seeking employment, who are hungry, who are anxious, and who may be in danger at home.

For all who live in retirement centers, assistive living centers, and nursing homes.

For all who work for justice.

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## Parish Calendar

### **Tuesday, March 2**

Needlers/Knit-Along on Zoom at 4:30pm

<https://us02web.zoom.us/j/87083173624?pwd=QnNmRUhiVIIRa2FaSXA3U2RNSVNaQT09>

Meeting ID: 870 8317 3624 Password: 128143

Compline at 8:00pm

<https://us04web.zoom.us/j/75456865769?pwd=ZitGbGUrczFUWXRBb2IKc1RITE8yQT09>

### **Wednesday, March 3**

Prayers of the People at 10:00am: 508.924.1769

Informal Study of next Sunday's scriptures at Noon

<https://us02web.zoom.us/j/85912028288?>

[pwd=OWhGSHdsVEEd1SVBYdIFPQWV2R2JVQT09](https://us02web.zoom.us/j/85912028288?pwd=OWhGSHdsVEEd1SVBYdIFPQWV2R2JVQT09)

The History of Slavery at 7:30pm

<https://us02web.zoom.us/j/85912028288?pwd=OWhGSHdsVEEd1SVBYdIFPQWV2R2JVQT09>

#### **Thursday, March 4**

Prayers of the People at 10:00am: 508.924.1769

Compline at 8:00pm

<https://us04web.zoom.us/j/75456865769pwd=ZitGbGUrczFUWXRbB2IKc1RITE8yQT09>

#### **Friday, March 5**

Prayers of the People at 10:00am: 508.924.1769

Compline at 8:00pm

<https://us04web.zoom.us/j/75456865769pwd=ZitGbGUrczFUWXRbB2IKc1RITE8yQT09>

#### **Saturday, March 6**

#### **Sunday, March 7**

Log onto these Zoom events at [www.redeemerbethesda.org](http://www.redeemerbethesda.org).

Adult Forum, 9:00am

Family Service, 10:00am

*TheFIVE* - Holy Eucharist with musical offerings at 5pm.

Coffee Hour at 6:00pm

#### **Monday, March 8**

Prayers of the People at 10:00am: 508.924.1769

Compline at 8:00pm

<https://us04web.zoom.us/j/75456865769pwd=ZitGbGUrczFUWXRbB2IKc1RITE8yQT09>

#### **Tuesday, March 9**

Prayers of the People at 10:00am: 508.924.1769

Staff Meeting at 1:30pm

Needlers/Knit-Along on Zoom at 4:30pm

<https://us02web.zoom.us/j/87083173624?pwd=QnNmRUhiVIIRa2FaSXA3U2RNSVNaQT09>

Meeting ID: 870 8317 3624 Password: 128143

Compline at 8:00pm

<https://us04web.zoom.us/j/75456865769pwd=ZitGbGUrczFUWXRbB2IKc1RITE8yQT09>

#### **Wednesday, March 10**

Prayers of the People at 10:00am: 508.924.1769

Informal Study of next Sunday's scriptures at Noon

<https://us02web.zoom.us/j/85912028288?>

pwd=OWhGSHdsVEd1SVBYdIFPQWV2R2JVQT09

The History of Slavery at 7:30pm

<https://us02web.zoom.us/j/85912028288?pwd=OWhGSHdsVEd1SVBYdIFPQWV2R2JVQT09>

Compline at 8:00pm

<https://us04web.zoom.us/j/75456865769pwd=ZitGbGUrczFUWXRbB2IKc1RITE8yQT09>

## E-mail Security

Many parishes including Redeemer have experienced parish leaders and parishioners receiving emails from a personal email account created by a scammer who is impersonating the rector or a leader at the parish. DO NOT respond to them. Please be careful and delete it if you are the one getting them!

Below are the email addresses used by the staff. Please be sure to check the sender's address if you receive an email that sounds suspicious.

**No one from Redeemer will ever e-mail you to ask for gift cards or send money. THIS INCLUDES FELLOW PARISHIONERS. Please be careful and report the scam to the FBI: [www.fbi.gov](http://www.fbi.gov)**

### e-mail addresses:

Cricket: [rector@redeemerbethesda.org](mailto:rector@redeemerbethesda.org)

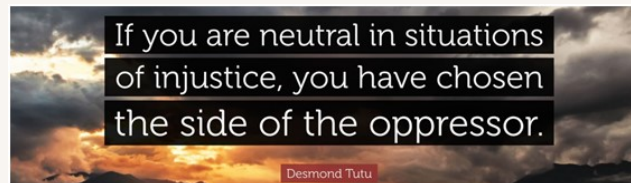
Adrienne: [deacon@redeemerbethesda.org](mailto:deacon@redeemerbethesda.org)

Geoffrey: [music@redeemerbethesda.org](mailto:music@redeemerbethesda.org)

General Mailbox: [office@redeemerbethesda.org](mailto:office@redeemerbethesda.org)

Margaret: [accounting@redeemerbethesda.org](mailto:accounting@redeemerbethesda.org)

Bob: [bob@redeemerbethesda.org](mailto:bob@redeemerbethesda.org)



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